

# Navjivan Vadil Kendra

(Monthly Newsletter)

Registered Charity No. 1121930

**Newsletter:** Issue 5. Vol-12 (December, 2011)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, MIDDX HA9 9PE



[www.nvk.org.uk](http://www.nvk.org.uk)

**Honorary Patron:**

Manick Choraria

**President:**

Pranlal V Parekh

020 8902 7126

**Vice President:**

Mahendra P Kothary

020 8907 7188

**Secretary:**

Jayant U Doshi

32 Adelaide Close

STANMORE

HA7 3EN

020 8954 1859

**Treasurer:**

Baburai T Shah

020 8440 9968

**Joint Treasurer:**

Himatlal Mehta

020 8427 2379

**Webmaster :**

Madhusinh Rawji

**Trip Organiser :**

Vinod Parekh

**Entertainment :**

Jasuben Sheth

**Committee:**

Indrakant Bakhai

Navnitlal Shah

Pragna Mandalia

Bhadra Sheth

Chandulal Parekh

Dr Vinod Kapashi

Co-op

Shashikant Malde

Praful G Shah

Lunch

Celebrating a special birthday, or wedding anniversary! Or in memory of some one dear! Then *Sponsor* a lunch for **£225.00**.

Guest Members:

**£5.00** is payable by guests.

Happy 2012 – to Our Members.

*We wish all our members Greetings of the Season, a wonderful holiday break over Christmas, a happy time in India or on holidays if you are going away and above all we wish You A Very Happy, Healthy & Prosperous NEW YEAR of 2012.*

*We complete FIVE years at Navjivan Vadil Kendra, and we hope that our Kendra has helped you to keep healthier, happier and more active in life.*

Belated Greetings from our Poet – Jasuben Sheth

*May the blessing of god harass you*

*and happiness attack you wherever you go.*

*May misery be hijacked from you and*

*May thugs pickpocket all your worries.*

*Happy Diwali and a Prosperous New Year!*

Sponsorships in November

Chas : Donated by Madhu Jayantilal Vibhaker for the month of November.

Lunch : Sponsored by Anilbhai C Bhuva on the occasion of his wife Neenaben's 60<sup>th</sup> birthday. Our best wishes.

Donations :

- **Chocolates** were donated by Pushpaben Patel on the occasion of the birth of a grandson to her daughter Jagna...congratulations and best wishes to the newly born.
- **Biscuits** were donated by Kusumben Doshi.
- **£51.00** - from Avantilal Jasani on his birthday. Our best wishes. The donation was given on 8<sup>th</sup> September but we missed to include it in our newsletter – our apologies.
- **£125.00** - from Dhankunver & Hematlal Mehta (our joint treasurer) on the occasion of their 65<sup>th</sup> wedding anniversary. We wish them a very healthy and happy future and many more such anniversaries to come.
- **£20.00** – from Ashwin Nanalal Bhuva.
- **Biscuits** from Hansaben Doshi on 17<sup>th</sup> November.
- **Jalebi** - Sponsored by Tajvanti Shah on becoming Nani to Anupa. Our best wishes to the newly born and the nani.
- **Ice Cream** – sponsored by Meenaben on the occasion of her husband Anilkumar Trambaklal Shah's 69<sup>th</sup> birthday. Our best wishes.
- **£100.00** – from an anonymous donor.
- **£11.00** – from Satish & Bharti Kothari of Mombasa on their visit to our Kendra.

Our Young Chess Champion : Ravi Haria aged 12, son of Sonal & Jatin Haria, and grandson of our members Kanchanben & Harishbhai Shah has been playing chess since the age of 6. He will be playing for England in the World Youth Chess Championship which is taking place in Brazil. We wish him best of luck and hope he makes his parents, grandparents, his country and us all proud by his achievements at this young age.

## November Programs :

1. Diwali Program on 1<sup>st</sup> November was a great success. Almost 300 members and a few guests booked a place for this special sit-down lunch and musical program. Volunteers did a wonderful job by arranging everything and serving food systematically. Pans were served with delicious food, and ice cream was served at the end of the program. Music entertainment was not as good as anticipated. But the success of this program means that we will be asked to make this into an annual event.
2. On 3<sup>rd</sup> November we had a debate on “Advantages and Disadvantages of a Joint Family System.” It was an interesting debate with about twelve members taking part. Each side came up with some valid and convincing arguments.
3. On 10<sup>th</sup> November we had sadhus from SHABADSURAT SANGAM ASHRAM to talk on yoga, pranayam and spirituality. The talk was very interesting and elucidating, but time constraint meant we could not take full advantage of their knowledge. We have requested them to visit us when they are again in this country. More information about the ashram can be found at [www.shabadsuratsangam.org](http://www.shabadsuratsangam.org).
4. On 17<sup>th</sup> November lunch was followed by some fun and games. Many members took part and enjoyed the program.
5. On 23<sup>rd</sup> November lunch was followed by a program of “Humourous Advertisements”. Jasuben planned this program some time back and had names of quite a few members who were going to participate but some of those members did not turn up on the day. However nine groups participated and it was a “hilarious” success. Judges marked the winners on the originality of the content of the advertisements. Our Vinod Kapashi won the first prize and Manjulaben group won the runner up prize. Both the prize winners donated their prizes to NVK which were accepted with thanks.

## FORTHCOMING PROGRAMS :

- On 1<sup>st</sup> December will have a program on “Diabetes Awareness”. One of our members (you will know who on the day) just completed Diabetes Champions course and he will be presenting a talk, DVD films and power point presentation. Diabetes affects many of us one way or the other, and it is increasing in leaps and bounds. It is important we understand the issues and how to tackle or deal with them.
- On 8<sup>th</sup> December we will have a meeting of passengers who are going to Vietnam and Cambodia (our second overseas trip) where passengers will be able to ask questions and will receive their tickets and itinerary. Lunch will be sponsored by Welcome Travels. It is going to be an international group with 4 from Canada, 3 from India, and representing various castes and language groups of India.
- We will be closed on 29<sup>th</sup> December...because of Christmas holiday period.
- On 5<sup>th</sup> January 2012 we complete FIVE YEARS of the formation of Navjivan Vadil Kendra and over those five years our progress has been remarkable. We will be celebrating the occasion by a sit-down lunch and mehfil by some famous singers. To control the crowds and to make proper arrangements we need to know in advance who will be attending and for that you need to buy a ticket for a nominal **£1.00** (and for guests **£10.00**) . Please contact Vinod Parekh to get your tickets. His contact details are (02085375592 or [vparekh42@googlemail.com](mailto:vparekh42@googlemail.com))

*Gift Aid* : Our treasurer, Baburai T Shah, after putting lot of effort to collate all the figures, applied for a tax refund under the Gift Aid and I am glad to report that his efforts were rewarded by a refund of **£2480.26** to our account.