

Navjivan Vadil Kendra

(Monthly Newsletter)

Registered Charity No. 1121930

Newsletter: Issue 5. Vol-4 (June, 2011)

Thursday Meeting at: Sattavis Patidar Centre, Forty Avenue, Wembley, MIDDX HA9 9PE



www.nvk.org.uk

Honorary Patron:

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Trip Organiser :

Vinod Parekh

Entertainment :

Jasuben Sheth

Committee:

Indrakant Bakhai
Navnitlal Shah
Pragna Mandalia
Bhadra Sheth
Chandulal Parekh
Dr Vinod Kapashi
Co-op
Shashikant Malde

LuSponsorship

Celebrating a special birthday, or wedding anniversary! Or in memory of some one dear! Then *Sponsor* a lunch for **£225.00.**

Guest Members:

As we have enough members, we normally do not encourage any outsiders to come to our Thursday gathering. Only **existing members** can bring **guests from out of town.**

Guest fee is £5.00

Sponsorships received with thanks

Lunch: 1. Lunch on 5th May was sponsored by Kokila Nanalal Solani on the occasion of Nanalal's birthday. Our best wishes on for a happy future.

2. Lunch on 26th May was sponsored by Shardaben & Indravadan Sheth to celebrate the recent wedding of their grandson Kunal (s/o of Nisha & Kiran Patel) to Holy Jadeja. Our congratulations and best wishes to the newly weds.

Chhas: Chhas for the month of May has been sponsored by Shardaben Surendra Modi.

Biscuits: Sponsored by Shardaben Surendra Modi on 5th May.

Donations received with thanks:

1. **£51** - from Hansa & Surendra Mandalia on their 40th wedding anniversary. Our hearty congratulations and best wishes for the future.
2. **£51** – from Indira & Virendra Doshi on their 40th wedding anniversary. Our hearty congratulations and best wishes for the future.
3. **£51** – from Jaswanti & Hasmukhrai Kothari on the occasion of the wedding of their son Raj to Shilpa on 29th April. Our best wishes to the newly-weds.
4. **£51** – from Navin M Vaid on his birthday. Our best wishes for the future.
5. **£51** - from Geeta M Mehta on arrival of grandson Annay to Nikxit & Jalpa on 11th April. Our congratulations and best wishes to the newly born.
6. **£101** – from Pranlal V Parekh Parivar on the occasion of Pranlalbhai's 91st birthday on 28th May. Our best wishes to our President and beloved "kaka"

May Programs:

- On 5th May we had games organised by Jasuben.
- On 10th May we had our first day outing to Cambridge and Ely Cathedral.
- On 12th May we had Bingo with some prizes donated by members.
- On 19th May we had cookery demonstration by Ella & Kanta Shah. They showed how to make eggless cakes and biscuits.
- On 19th May Shardaben Modi brought soup for everyone and members were asked to guess the ingredients.
- On 26th May 14 members narrated the most memorable experience of their lives. And in the end Baburai Shah summed up with his own comments.

Forthcoming Programs :

1. 2nd June we will have a game of "Jito ya Na Jito" by Ramesh Shah.
2. 9th June we will have singing programs where members will come and sing full songs.
3. 16th June we will have a memory game arranged by Vinod Kapashi.
4. 28th June – we will have day outing to Cotswold Wildlife Park. Details are given elsewhere in this issue.
5. Possible future programs :
 - A Child Magician
 - Unusual day on the train.
 - Visit to Buckingham Palace.

Royal Wedding - Celebrations by NVK

We held Royal Wedding celebrations on 28th April. We wrote to Clarence House as follows:

Dear Sir,

Like millions in this country who arranged parties to celebrate the wedding of Prince William and Catherine Middleton, our organisation of elderly members celebrated the wedding on our usual day of gathering on Thursday 28th April. I am sure you must have seen and received many reports of such celebrations, but I would like to write this to bring to your notice the aims and objectives and the success of our recently formed organisation and the unique way in which our members celebrated this joyous occasion.

Navjivan Vadil Kendra ("NVK") (meaning "New Life Elders Centre") is a registered charity formed in 2007, has 350 members and a waiting list of 250. We meet every Thursday when up to 200 members participate in two hours of yoga and this is followed by lunch and some entertainment program. We aim to improve the quality of life of elderly in the local community, and with increasing age span need for such services becomes paramount and we have at NVK shown what can be achieved by voluntary organisations. We have shown how old age can be healthier and more active and interesting.

Our celebrations on 28th April were a mixture of legally required civil marriage vows by a registrar as practiced in this country followed by the traditional Hindu way of wedding with all the rituals that make Indian wedding colourful. We have taken many photos and they have been put on our website (www.nvk.org.uk) for viewing.

May I take this opportunity to invite a representative from Clarence House to our weekly activity-day. Not only will it give lot of pleasure to all our members who hold the Royal Family in great esteem, but it will also give you an idea of what we are doing and have achieved in such a short period of time.

May I, on behalf of all our members, take this opportunity to convey our hearty congratulations and best wishes for a very happy future to Prince William and Catherine Middleton – now Duke and Duchess of Cambridge.

With Best Wishes

And we got the following reply:

Dear Mr Parekh

The Prince of Wales has asked me to thank you for your letter of 3rd May and your kind words on the occasion of the wedding of The Duke and Duchess of Cambridge.

His Royal Highness was most interested to hear about Navjivan Vadil Kendra and if an opportunity to visit should arise we will be in touch.

This comes with His Royal Highness's best wishes.

Major Will Mackinlay SCOTS DG

And what our members said:

***Thank you for giving us this wonderful opportunity. Indira & I would especially like to thank you and all the NVK members for all their hard work, support and for organising such a brilliant event. We have seen the photos and again we would like to thank Mahendrabhai for taking these beautiful photos. – *Virendra & Indira Doshi*

*** We thoroughly enjoyed last Thursday. Any wedding takes a lot of thought, preparation, and organisation. This was not any ordinary wedding. This was Royal Wedding. Both the Registry and the Indian ceremony ran smoothly and on time with jokes, laugh and fun. Lunch was also delicious. This would not have been possible without hard work by lot of people. We would like to convey our thanks to all these people. We had wonderful time. -- *Neena & Anil Bhuva*

***I would like to thank everyone at NVK for the lovely day last Thursday. The mock Wedding Celebrations were very hilarious to watch. Brilliant photography. Well done, and Keep coming up with lovely ideas - *Ella Shah*

Our 2nd Outing – 28th June

We have planned a visit to Cotswold Wildlife Park (more details on <http://www.cotswoldwildlifepark.co.uk/>) on Tuesday 28th June. The park is similar to Longleat which we visited a few years back. The park is spread over 160 acres with a vast collection of animals. Visitors walk around the park so it is essential that visitors are able to walk. There is a hefty fee for entrance but we are able to give the trip to members for **£15.00** because of a hefty subsidy. Guests will pay **£25.00** and guests will only be taken if there are spaces available.

Also because of the problems we had last time there will be no pickup from Wembley in future.

Members come from as far as Finchley and further and it is fair that we keep one pick up point. Also last time over 70 members had to keep standing for over an hour due to some