



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 1. Vol-1 (JANUARY 2019)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

For Photos click on: www.nvk.org.uk/galleries/all

JAI JINENDRA & JAI SHREE KRISHNA



www.nvk.org.uk

Dear Vadil Members

Welcome to January Newsletter. We wish all the members, a very Happy & Prosperous New year

DONATIONS:

6/12:*Chaas sponsors for December were

Bhartiben Kumud Mehta, Jasvanti K Mehta, Pratibhaben & Harshvadan Mandalia, Jyotiben & Dr. Anil Gandhi and an Anonymous couple members. Many thanks to all from Kendra.

***Samosas** with and without onion were sponsored at lunch time by **Neetaben Chotai** who celebrated her **60th birthday** on 8/12. Congratulations & many thanks to her.

13/12:*£51 from **Rameshbhai and Ranjanben Sheth** in celebration of their daughter and son-in-law **Amisha and Deepak Lall's Indian Take away called "Chilli Tuk-Tuk"** in North Finchley having won the award for Best Takeaway/Delivery UK at the British Curry Awards, where there are over 35000 restaurants and takeaways. This is a huge achievement for them as they started their business only 3 years ago. Kendra's Heartiest Congratulations and Best Wishes for future.

20/12:*£51 from an anonymous member as 'Khusi Bhet'. Many thanks to the person from Kendra.

PROGRAMMES IN DECEMBER 2018:

6/12: After lunch we had a programme of food demonstration for special food to be eaten during the cold season by **Manjuben Shah**. She gave members the recipes for "Katlu" and "Adadia" and also gave details for Cough and Cold remedy. There was a question and answer session. Everybody enjoyed her demonstration.

13/12: We played **Whist Drive** after lunch but unfortunately we could only play two rounds as we had to vacate the premises early.

18/12: 26 members had joined in the tour of Christmas lights and decorations in the city and had a great time. They had a full 6 hour tour of the whole city with a stop for shopping at Westfield.

19/12: *Our fifth visit to Care Centre for this year was on Wednesday 19 December 2018, at the request of the activity co-ordinator at Sai Ram Villa. Our team entertained 25 very eager residents, We commenced the entertainment by prayers followed by Bhajans and some old Hindi film songs. Some resident sang along to the popular Hindi songs. Some sang their favourite Bhajans and the team sang with them. The quiz went down very well and all the quiz questions were answered correctly. This was followed by pass the parcel again all the residents took part in this game. It was very delightful and satisfying to see such enthusiastic residents. Needless to say that all the residents asked for a return visit soon. The team members who took part were Purnima Mehta, Vinod Parekh, Hasmukh Parekh, Chandrakantbhai and Mitaben Shah, Maheshbhai and Sarojben Savadia. Thanks to all of them in giving their time.*

20/12: **Christmas Carols** were sung after lunch. Many members participated in the singing and dancing. Thanks to Harenbhai & Pragnaben for providing music. Many members wore Christmas jumpers and Santa hats, and were in good festive spirits.

REPORT OF BHUTAN/KOLKATTA/ANDAMAN ISLANDS TOUR BY JAYANTBHAI DOSHI

Many members would like to travel, and have the money, but not the courage to go on their own. NVK have been planning local and overseas trips for many years and so many members are so happy to join these planned holidays so they can see the world but do not have to



worry about arrangements for such holidays. The latest holiday was to **Bhutan, Kolkata** and **Andaman Islands**. Twenty two members took part in this trip (6 had to cancel for some reasons) and participants thoroughly enjoyed the trip. **Bhutan**, located in the midst of **Himalayas** is a country with lots of natural beauty. It has a population of three quarter million and practice the religion of **Buddhism**. The impact of this peaceful religion can be felt in that people are so modest and peaceful – and hardly any fear of looting or violence. The country, as is to be expected, very hilly, but the beauty lies in its hills and valleys and lakes and rivers and greenery all around. **Kolkata** is a congested and a busy city but some of the relics and buildings left by the **British Empire** are the highlights of the city. The world famous **Howrah Bridge** and **Queen Victoria museum** were the highlight of our visit.



Andaman Islands are much in the limelight nowadays, and its beaches are considered the best in **Asia**. It also was used as a prison during the **British Raj** in India. Visit to the prison built by the British (or what is left of it) was emotional and eyes were wet seeing some of the things being done there. We visited one beach and that was wonderful. But to appreciate and to see more we needed more time which we did not have.

The group felt tired after the trip and perhaps at our age we have to now consider more relaxing trips. Those who took part in the trip enjoyed very much and are looking forwards to our next trip. **Photos from our recent trips and programmes 18/12/18:**

Visit to London to see the Christmas Lights



19/12/18: Visit to Care Home (Sai Ram)



20/12/18: Carol singing at NVK



Congratulations To Dr Vinod Kapashi on receiving an OBE

We are delighted to announce that Dr Vinod Kapashi has been awarded an OBE in the Queens New Year's Honour List.

The executive Committee and the members of NVK congratulates him on his OBE for his services to Jainism and Charity work. It's a well-deserved recognition of an incredibly hard working, talented and inspirational individual.