



# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015  
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 23 Vol-11 (NOVEMBER 2021)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: [www.nvk.org.uk/galleries/all](http://www.nvk.org.uk/galleries/all)



**JAI JINENDRA & JAI SHREE KRISHNA**



## Honorary

### Patrons

Manick Choraria  
Pranlal V Parekh

### President

Vinod Parekh  
020 8907 1331

### Vice President

Vinod Kapashi

## Secretary

Jayant U Doshi  
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

## Joint Secretary

Purnima Mehta

## Treasurer

Punam Patwa  
020 8958 2714

## Jt Treasurer

Kishor Doshi

## P.R.O.

Praful G. Shah  
[pgshah42@yahoo.co.uk](mailto:pgshah42@yahoo.co.uk)

## Webmaster

Chiman Sheth

## Entertainment

Vinod Kapashi

## Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

## Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then *Sponsor* a lunch for **£350.00**.

5 guests allowed.

Special lunch for **£750.00**

Guest Fee **£7.00**



## Dear Vadil Members

Welcome to November Newsletter. Hope everybody is keeping well and looking after themselves. By now we hope that most of our members have had their Booster jabs. Please do take them when you get a call from your GP. With increasing cases and with winter coming on we are not sure when we will be able to restart our weekly Thursday meetings.

### Donations:

**\*£51, from Hitesh & Pragnesh Mistry to celebrate 80<sup>th</sup> Birthday of their mother, Hansaben Mistry which was on 15<sup>th</sup> October. Kendra's Best Wishes to her and a big thank you for their generous donations.**

**\*£151, from the family of Chandulal V. Parekh, who celebrated his 90<sup>th</sup> Birthday on 24<sup>th</sup> October.**

Usually we celebrate by bestowing a Saal to members who reach their 90<sup>th</sup> which we will do when we open the Kendra. Kendra's best wishes to him and a big thank you to his family for their generous donations.

### PROGRAMMES IN OCTOBER:

**07/10: Morning Yoga was conducted by Manishaben. 84 devices were registered. In the afternoon we had Dharmesh Doshi, Property Expert for NRI and UK. Equity Release. 52 devices were registered.**

**14/10 Morning yoga was conducted by Manishaben, 65 devices were registered.**

**Afternoon programme was Navratri Raas-Garba:**



Members wore colourful clothes and participated in doing garbas in their own homes. The music was provided by Dr. Kapashi and members were individually highlighted. Some had prepared Aarti and they finished off with doing aarti. Thank you to Dr. Kapashi and his team for arranging this programme. 45 devices were registered.

**It is almost 18 months since we stopped our weekly meetings. During that period we have continued with our yoga sessions on Zoom and afternoon entertainments as well. To organise them is very hard work, looking for new ideas and convincing members to participate as well. Dr Kapashi and his team has done a fantastic work in providing this so far. We salute them for their hard work. We think it's time now for them to take a break and enjoy their personal time. We wish them well and let them enjoy, the festivals and have a well-earned break. From 21<sup>st</sup> October there will not be any afternoon programmes until further notice. Morning Yoga will continue as usual.**

**21/10: Morning yoga was conducted by Manishaben, 67 devices were registered.**

**28/10: Morning yoga was conducted by Manishaben, 61 devices were registered.**

**Some of the thank you e-mails we received from our members.**

***We are indeed grateful to you all NVK committee members for their undeterred effort for keeping all members, entertained, healthy and occupied during covid. Our sincere thanks to you all.***

***Warmest regards***

***Kishore and Saroj Lakhani***

***ANIL and I would like to congratulate the team for their hard and dedicated work that they have put in for the last 18 months. It is a long period without break. Well done all who worked behind the scene. Thank you keeping the centre running during this difficult time***

***ANIL and Jaindrabala (Jyoti) GANDHI***

# **SAD LOSS:**

**We convey our deepest condolences to Urmilaben and her family on the sad loss of her beloved husband DR HARSHADRAY NANDLAL SANGHRAJKA MBE, Age 80 on 26/10/2021. We pray to god to rest his soul in peace and give courage to his family to bear their loss.**

**Harshadray was one of the founding members when NVK was established on 5<sup>th</sup> January 2007. He was a very active member and a very friendly and helpful person. He was also full of knowledge and a very religious Jain, widely respected internationally. His knowledge of Jainism was so vast that he was invited all over the world to speak on Jainism and met many heads of states including the Pope and Dalai Lama. He was an executive member of many organizations. He would always speak and praise about Navjivan Vadil Kendra's activities elsewhere and was instrumental and recommender of The Queen's Award for Voluntary Service to NVK.**

**He was awarded the MBE and had a PhD in Jainism. He never shied away from pointing when we erred and always helped and encouraged us in increasing our knowledge.**

**Such an humble soul, he will be sadly missed by NVK and the communities at large**



**Om SHANTI Om**



**Late Dr. Harshadray Nandlal Sanghrajka**