

Manick Choraria Pranlal V Parekh

Vice President Vinod Kapashi

Honorary

President Vinod Parekh 020 8907 1331

Patrons

# Navjivan Vadil Kendra



RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015 Registered Charity No. 1121930

Newsletter: Issue 24 Vol-4 (APRIL 2022)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

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🙏 JAI JINENDRA & JAI SHREE KRISHNA 🙏

# **Dear Vadil Members**

Welcome to APRIL Newsletter. Hope everybody is keeping well and looking after themselves.

MESSAGE FROM PRESIDENT VINOD PAREKH AND SECRETARY JAYANT DOSHI

### WHY DID WE DECIDE TO STOP OUR GATHERING AT SATTAVIS CENTRE?

With three jabs and now a fourth booster jab we are quite safe from serious Covid 19. However, cases are increasing at fast rate (over 5 million in 7 days in late March) and it is also reported cases are rising fast amongst 75 years plus age group. Because of the vaccinations our immunity gets stronger and chances of serious complications because of Covid-19 are less.

However, it is still not known what other problems could arise in the body with Covid-19 infection. What is important is that at this age our bodies have other issues and Covid-19 infection is likely to aggravate those or create other complications in the body. On Thursday 17<sup>th</sup> March 173 members signed in. Those who tested and were positive and who reported to me came to TWENTY 20, which is quite a large number. (There may be a few more cases not reported.) Of those who were positive, majority did not have any serious issues, but a few had and were in bed for a few days.

FOR US this was a difficult decision, but even if one member got serious it would be on our minds for long time. WE hope you all understand.

## JAYANT DOSHI (Secretary) VINOD PAREKH (President)

# DONATIONS:

17/03 lunch was sponsored by our Past President Baburai T Shah in remembrance of the loving memory of his late beloved wife Hasmitaben, who passed away last year.

Secretary Jayant U Doshi 16 Haywood Close Pinner HA5 3LQ 020 8954 1859 Joint Secretary Purnima Mehta

Treasurer Punam Patwa 020 8958 2714 Jt Treasurer Kishor Doshi

#### **P.R.O.**

Praful G. Shah pgshah42@yahoo .co.uk Webmaster Chiman Sheth Entertainment Vinod Kapashi Committee Ella Shah Dr Mahendra Vora B.T. Shah Hasmukh Parekh Kusum Punater Harendra Meswani Hasu Mandalia

### <u>Lunch</u>

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a lunch for **£350.00.** 5 guests allowed. Special lunch for **£750.00 Guest Fee £10.00**  \*An anonymous donor donated £25 to Kendra with Best wishes to all members. Many thanks from Kendra.

\*Avantilal Jasani had brought Pocket size Sthankwasi Jain Panchang and left at the Main Table.

# **PROGRAMMES IN MARCH:**

03/03: Morning Yoga was conducted by Manishaben. 81 devices were registered. In the afternoon we had invited Param Pujya Raaj Guru from Shakti Centre. Dr Kapashi, welcomed him and Gurji started by saying he is working as a Driver for the Hindu Community. He talked about Sanatan Dharma very extensively, about Pancha Parmeshver and as humans we make many mistakes, but how to overcome them is the key Hindu Dharma. It was a very interesting talk about Hindu Religions. 45 devices were registered.

10/03: Morning yoga was conducted by Manishaben 89devices were registered.

17/03: Committee had decided to start our usual sessions at Sattavis Centre, after the Government had lifted all the restriction for Covid. It was nice to see many members coming with beaming smiles after 2 years, seeing each other. Morning yoga was conducted by Manishaben, 173 members had attended. Before the announcements, our President Vinod Parekh and Secretary Jayantbhai Doshi welcomed all members stating that they were very happy to meet members after 2 years of lockdown. They also said that it was nice to see all members with very happy moods and wearing masks. Further, we will continue to meet if members are willing to do so.

We welcomed members who had attended the gathering after 2 years of Covid lockdown. However some members had not been able to attend due to health problems and we wished them a speedy recovery and return to our gatherings in future. We also thanked the Almighty God for his grace that we all have survived the greatest pandemic for the last two years and we keep on praying that he keeps us safe when several of our relatives, friends and members have sadly passed away.

All those attending were asked if they had taken all the 3 jabs of Covid vaccinations and everyone raised their hands.

With great sadness as we had already informed the members, loss of following 14 members during the last 2 years of the lockdown.

Dr. Manubhai Haria Harshvadan N Mandalia Premlataben N. Parekh Pushpaben M Patel Dr Harshadray N Sanghrajka

Chandraben J Shah Harakchand (Harish) D Shah Hasmitaben B Shah Laliibhai R Shah Munsukhlal C Shah Taramati J Sheth Ranjanbala G Vasa Parshottambhai T Bilanev Navinchandra Vaid We observed a minute's silence and prayed for all the deceased's souls to rest in eternal peace and also pass our heartfelt condolences to their families. **Om Shanti** Shanti Shanti We welcomed the new members who joined from this year, after the EC's approval, and who had attended today. All these new members had waited from 2013/14 to become members. We hope they will join in our activities and volunteer where possible. They should also not feel shy in showing us their special talents. Also please note that there are many members with the same names and surnames, hence always use your full names in NVK. After lunch we had a grand programme on "Holi" which is one of the important festival in our culture - with a very colourful display in 'Rang dey Basanti' style. A few ladies did Tilak on the members and Dr Kapashi explained the legend of why the Holi festival is celebrated. Members then sang songs of 'Holi'. We requested members to raise their hands to confirm if they would be attending on Thurs 24<sup>th</sup> March. After most of the members raised their hands it was announced by the President Vinod Parekh that we will continue our gatherings as usual on Thursdays. Please note that the EC of NVK has decided to increase the Guest charges to £10 due to heavy costs. President Vinod Parekh announced that the current year's fees for members will be £50 for the remaining period of this year. Members can bring their fees with their Kendra ID Cards. NVK's 430 + new members and 304 people on the Waiting List from 2014. Unfortunately after our gathering on 17/03, it came to our knowledge that at least 20 members were tested Positive with Covid. So the executive committee had to take the sad decision of closing down the face to face meetings. We will continue to do yoga on ZOOM until further notice and our heartfelt apologises for any inconvenience caused to our members by this decision.

24/03: Morning yoga was conducted by Manishaben, 60 devices were registered.

31/03: Morning yoga was conducted by Manishaben. 68 devices were registered.