

The Queen's Award for Voluntary Service

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 10. Vol-12 December, 2015)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE **Disclaimer:** Navjivan Vadil Kendra is not liable for any personal injury, accident

or mishaps that may occur during any of it's activities/events/outings



www.nvk.org.uk

Honorary Patrons

Manick Choraria Pranlal V Parekh

President

Baburai T. Shah 020 8440 9968

Vice President

Vinod Parekh 020 8537 5592

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P.R.O. Praful G Shah

Treasurer

Punam Patwa 020 8958 2714

Jt Treasurer Ashok Mehta

Webmaster Chiman Sheth

Entertainment

Jasuben Sheth

Committee

Indrakant Bakhai Dr Vinod Kapashi Pragna Mandalia Rama Doshi Jaykumar Shah Ella Shah

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a lunch for £251.00. 10 guests allowed.

I am delighted to be asked by Jayantbhai, who is on holiday at present, to compile this last issue of NVK newsletter for 2015.

<u>December Programs</u>: 10/12 Dr. Pragnaben Mandalia has organised a full day Health event from 10:30am. Consultant Cardiologist–Dr Ameet Bakhai from Royal Free Trust will talk on "How to deal with the diagnosis of heart failure" & Varshaben Dodhia on "mental wellbeing" in old age. NVK will meet on Wed 23rd instead of Thurs 25th and closed on Thurs – 31st.

<u>Yoga:</u> 3/11 - Manishaben has conducted Yoga, teaching NVK members various new yoga postures and given several health improving tips, for last 7 years at NVK gathering. Several NVK members have seen their health improve. NVK Secretary Jayantibhai Doshi on behalf of members and EC presented her a cheque for £150 and best wishes for her holidays in India.

19/11- after warmup by Jayeshbhai Shah, Yoga session was conducted by Bhavnaben including exercises related to laughter and "Dhobi Ghaat". 26/11-Mitaben Shah conducted UPA Yoga meditation session with slide-show presentation giving detailed explanation of each move. Her contact email is yoga@mitashah.com & her website is www.mitashah.com

Condolences: Prabhavati Chandulal Jasani passed away at the age of 98 on 23/11. She was the mother of our member Kundan Vinod Parekh and the mother-in-law of Vinod Parekh, our Vice President. Amratlal Kakad, husband of our member Chandrabala Kakad passed away on 23/11. On behalf of the Kendra, we offer our deepest condolences to all the families and pray that the deceased's souls rest in eternal peace. Om Shanti Shanti.

Donations NVK thanks all donors for their generosity

- £500 Vinodbhai Udani donated in loving memory of his wife Arunaben.
 - £51 Hansaben & Kishor M. Mehta occasion Diwali
 - £51 Ushaben & Chimanbhai Sheth occasion Diwali
 - £50 Adarsh Gujral occasion Diwali
 - £101 Dr Ushaben & Parshottam Bilaney on the occasion of their daughter Jessica's wedding. Kenrda's heartiest congratulations and thanks to them and also our Best Wishes to the newly wedded couple.
 - £31 Anilbhai Shah to celebrate his birthday.
 - Navratri program 'Aarti' collection of £21.15 donated to NVK.
 - An anonymous donor distributed chocolates at lunch time
 - An anonymous donation of hard cover Registers.

Diwali Celebration Program Wed 11 Nov

On behalf of NVK, Baburai Shah, the President wished all the members, guests and their family a very Happy and Prosperous Hindu New Year. Gentlemen were smartly dressed and Ladies wore colourful saris and matching jewelleries and enjoyed memorable Musical Mehefil presented by Nitu Shah with live music band. Nimaben Kakkad depicted 'Chhopda Pujan' ceremony emphasising on 'Laxmi Pujan' and 'Ganesh Pujan' and displayed the auspicious wording written in

"Chhopda" (account books). Delicious Ice-cream was served after lunch. Diwali 2015 program photos are available to view on NVK website: www.nvk.org.uk under tab "Galleries".

Lunch Sponsorship

3/11 lunch was sponsored by Shobhag and Dinesh Zaverchand Shah in memory of Manibai Zaverchand Shah, aged 98, who passed away on 11/10 and on the occasion of the birthday (3/11) of Induben Shobhag Shah. NVK appreciates the generous sponsorship and Kendra Members sang Happy Birthday song. November 'Chaas' sponsors Pratimaben and Harshvadan Mandalia

After Lunch Programs

On 3/11, after lunch, members enjoyed the Bingo game followed by tea and biscuits organised by NVK. On 19/11 NVK organised an 'Antakshari' programme.

Membership 2016

The deadline to renew 2016 membership is 15 December 2015. If you do not intend to renew your membership, please inform Punam Patwa, Jayant Doshi, Vinod Parekh, Praful Shah or Baburai Shah. Over 300 members have so far renewed their membership. Present members can submit duly completed membership form (ensure to fill your current contact details), payment of £90 and membership ID in an envelope to Punam Patwa by 15 December 2015. Anyone wishing to include name on waiting list please contact Jayant Doshi / Praful Shah

Other News: Sainsbury scheme

NVK and Sainsbury run a scheme whereby NVK will gets donations of 4% on the gross amount of the shopping done by NVK member participating in this scheme. For details and if you need any help or clarification, please contact - Jayant Doshi or Baburai Shah.

Victims of terrorists attack

On the evening of 13 November 2015, a series of coordinated <u>terrorist attacks</u>, consisting of <u>mass shootings</u>, <u>suicide bombings</u>, and <u>hostage-taking</u>, occurred in Paris. In UK, the official 'threat' level at the moment is "severe" (an attack is highly likely). Public is informed not to be fearful but remain alert and vigilant at all times. 26/11 was the 7th anniversary of the attacks in Mumbai and Taj Hotel when terrorists killed 166 people. NVK members observed a minute's silence and offered prayers in honour of the victims.

Indian PM – Narendra Modi at the Wembley Stadium

The Europe India Forum (EIF) hosted a grand community reception in honour of Prime Minister Modi at Wembley Stadium on Friday the 13th. The crowd was entertained with fantastic cultural dances and songs. UK Indian diaspora welcomed the Indian PM – Shri Narendra Modi in presence of UK PM The Right Honourable David Cameron. PM – David Cameroon and Shri Narendra Modi's speeches were met with such a reception that can never be imagined – it had to be seen and heard. During Modiji's speech, every sentence was met with not only loud claps but thundering applause. The atmosphere in the stadium was electric. Modiji's speech include announcements related to London-Ahmedabad direct flights from 15th Dec 2015, investment opportunities and OCI.

OCI

Certain regulations pertaining to the OCI has changed.

- in view of biological changes in face of the applicant, each time a **new passport** is issued to individuals (1) between 1 to 20 years of age & (2) over 50 years of age, one must apply for the reissuance of OCI registration certificate on the new passport.
- Re-issuance of OCI, for each time a new passport is issued between 21-50 years of age, is not mandatory.
- the lifelong visa sticker on the passport has been discontinued
- one is required to carry the valid OCI Card only with the current passport (as endorsed on the booklet)

On behalf of Kendra, WISH YOU ALL, SEASONAL GREETINGS AND A HAPPY AND PROSPOROUS NEW YEAR 2016

ASHOK MEHTA.

