



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 24 Vol-2 (February 2022)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: www.nvk.org.uk/galleries/all



JAI JINENDRA & JAI SHREE KRISHNA



Dear Vadil Members

Welcome to February Newsletter. Hope everybody is keeping well and looking after themselves. This year we celebrated our 15th Anniversary of NVK.

NVK WAS ESTABLISHED ON 5TH JAN 2007

WE SALUTE THE FOUNDER MEMBERS WHO HAD THE FORESIGHT AND VISION FOR ESTABLISHING SUCH A NON - COMMUNAL ORGANISATION FOR THE ELDERLY. WE HAVE GROWN UP FROM THE INITIAL MEMBERSHIP OF AROUND 30 AT INCEPTION TO THE PRESENT 430 WITH A WAITING LIST OF 299 PEOPLE, WHICH SHOWS HOW POPULAR WE ARE. OUR GREATEST ACHIEVEMENT WAS BEING THE RECIPIENT OF QUEEN'S AWARD FOR VOLUNTARY SERVICES IN 2015.

1st holiday trip for 2022:

Potters Resort trip is from 6th June till 10th June. We already have lot of interest and only a few places remain now. Up to now only NVK members were taken but soon we will start taking non-members. Coach will be arranged for going and return journeys. Cost will depend on size of the group but will not exceed £500.(including coach)

PROGRAMMES IN JANUARY:

06/01: Morning Yoga was conducted by Ranna Patel. 96 devices were registered.

13/01: Morning yoga was conducted by Ranna Patel, 98 devices were registered.

20/01: Morning yoga was conducted by Ranna Patel, 100 devices were registered. In the afternoon, after a break of nearly 9 weeks we celebrated Makar Sankranti and India's Republic Day. It was a pleasure to see faces of members on

Honorary

Patrons

Manick Choraria
Pranlal V Parekh

President

Vinod Parekh
020 8907 1331

Vice President

Vinod Kapashi

Secretary

Jayant U Doshi
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

Joint Secretary

Purnima Mehta

Treasurer

Punam Patwa
020 8958 2714

Jt Treasurer

Kishor Doshi

P.R.O.

Praful G. Shah
pgshah42@yahoo.co.uk

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Webmaster

Chiman Sheth

Entertainment

Vinod Kapashi

Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then *Sponsor* a lunch for **£350.00**. 5 guests allowed. Special lunch for **£750.00**

Guest Fee **£7.00**

Zoom after a long break. About 6 members took part in singing Kite and Patriotic songs.



The programme started with, Dr Kapashi welcoming the members and two special guests- Hamirbhai Gadhvi and Bhavnaben Desai. He talked about Makar Sankranti dedicated to the Sun God Surya, with blessings for a promising six months ahead. It is also an important festival for Hindus to celebrate their harvest with festivities and colourful decorations on this day of Sankranti the sun transits to the tropic of Capricorn from the tropic of cancer, it is harvest season for farmers, the onset of the Auspicious Uttarayan Period. The Kite festival is also related to the Makar Sankranti festival. In Gujarat the kite festival is organized on the occasion of Makar Sankranti.



In 2022, the country has celebrated its 73rd Republic Day. While India gained independence from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution came into effect, and India became a sovereign state, declaring it a republic.

27/01: Morning yoga was conducted by Ranna Patel, 100 devices were registered.