



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930

NEWSLETTER ISSUE 7 VOL NO 26 JULY 2024
FOR PHOTOS PLEASE CLICK: www.NVK.ORG.UK



Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

Honorary Patrons

Manick Choraria
Pranlal V Parekh

President

Vinod Parekh

Vice President

Vinod Kapashi

Secretary

Purnima Mehta

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Joint Secretary

Mahendra Vora

Treasurer

Jayesh Shah

Jt Treasurer

Kishor Doshi

P.R.O.

Pratul G. Shah

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Webmaster

Chiman Sheth

Entertainment

Vinod Kapashi

Kusum Punater

Mahesh Savadia

Committee

Ella Shah

Jayant Doshi

Hasmukh Parekh

Hasu Mandalia

Co-Opted Member :

Karsan Bhudia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a lunch for **£501**. 5 guests allowed.

Special lunch for **£1001**. 5 guests.

Guest Fee **£10.00**

🙏 JAI JINENDRA & JAI SHREE KRISHNA 🙏

Dear Vadil Members,

Welcome to July Newsletter. Hope all the members are keeping well. Finally the weather is improving and we are seeing more members attending every Thursday.

DONATIONS: CHASS for the month of June was sponsored by **HANSABEN MANDALIA** in memory of her late husband Surendra Mandalia.

20/06:£101 from Mrs Nima and Mr Suru Kakad, on their 58th wedding anniversary on 20th June.

27/06:*£51 from Mr Jayantbhai Doshi to celebrate Ramaben's birthday, which was on 14th of June.

***£101** from Dhanksukhbhai Shah, all the way from Zimbabwe in loving memory of his late wife Induben Dhanksukhbhai Shah.

***£25** from Manjulaben C Shah on the occasion of her son-in-law Hiten Chauhan's birthday on 27/06.

***£101** from Ashwinbhai Trivedi (the Music Group's Promoter).

Kendra's heartiest thanks to the all the above Donors for their generosity and sharing their special occasions with us and our best wishes to them.

PROGRAMMES IN JUNE 2024:

06/06: Morning yoga was conducted by Manishaben. After yoga 1 minute silence was observed to mark the celebrations of D-Day 80 years on. It was 80 years ago on the 6 June 1944. We had the largest sea borne landings that marked the beginnings of the liberation of Western Europe. This was NVK's way to honour the sacrifice made by many so that millions more can have the freedom that they could not.

The Secretary mentioned that the President has sent his greetings from Yorkshire. The people on the trip were enjoying themselves. The food had been good. The trip was coming to an end on Friday.

After lunch we had invited Dr. Mala Dalal to talk on Osteoporosis and how to stay safe in our old age. She gave many tips on how not to have falls, eating healthy diet and exercise.

Dr Dalal is a practicing GP. Her talk was very informative and our members enjoyed listening to her. She quoted a book-

The scientific Approach to getting healthier as you get older. Kendra's thanks to her for giving her precious time and answering some questions from members.

20/06: Morning yoga was conducted by Manishaben. After yoga an apology was given by President for food shortage on 6th June. He started by: I apologise for the error in judgement when placing the lunch order for Thursday 6 June. I have already apologised via e-mail, now I do so in person. It has been NVK custom to do only one serving to all the members. It is difficult to jump the queue while others in the queue are being

served. Moreover, it is difficult to keep waiting while all have been served with the lunch. So please bear with us.

For last 15 years it's our practice NOT to reserve or put aside any food for volunteers or EC members. All food received from the caterers is brought out and served to the members. He also mentioned of Friday 21st of June 2024, is international yoga day, and gave his Best wishes to all who do yoga every Thursday at NVK.

After lunch we had live music programme which was sponsored by Nimaben and Surubhai Kakad. The music commenced with a Bollywood number and members danced to popular melodies. All joined in and enjoyed the celebrations. Kendra's Thanks to the Kakad family for sponsoring this event.

27/06: To celebrate summer, we had organised a whole day of **SUMMER MUSIC DHAMAKA**. The bigger hall was prepared a day before by some committee members and volunteers.

All the committee and volunteers were there before 9.45am to set up the welcome for our members who started arriving soon after. In the foyer, tables were set up for collecting tickets and scanning of membership cards. On the other table 2 members were guiding them to their tables.

We were lucky to get a new group from India who were introduced by our members Kalaben & Vasantbhai Malde. The group consisted of 5 members and their Promoter Ashwinbhai Trivedi.

The music started playing around 11am with a prayer and then golden oldies of Bollywood songs. The hall was packed with members in colourful attires, enjoying the music.

At 12.45pm the music stopped and announcements were done by President and the Secretary, with vote of thanks to the members, volunteers, musicians, Sattavis Patidar staff and Meera caterers.

A buffet lunch was already set up in 2 serving areas. The table numbers were called out by Mahendrabhai Vora, and members started going to get their lunch.

The Band started playing again while many members were still eating their lunch.

They sang many popular Bollywood songs, and many members started dancing and in no time the floor was full of people dancing away merrily.

At 3pm ice-cream was served to everyone, the very hot dance numbers were sung by the band. Soon it was time to end this very entertaing day which was a very successful and enjoyed by all.

SAD NEWS

We convey our deepest condolences to the family of Kishorbhai Mehta on the sad demise of late Hansaben Mehta, age 84 on 26/06/2024. She was wife of Kishorbhai Maganlal Mehta, and been member for a long time. We pray to God to rest her Soul in peace and give strength to her family to grieve in this difficult time.



🙏 OM SHANTI, SHANTI, SHANTI OM 🙏