



The Queen's Award

Honorary

Patrons

Manick Choraria
Pranlal V Parekh

President

Vinod Parekh
020 8907 1331

Vice President

Vinod Kapashi

Secretary

Jayant U Doshi
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

Joint Secretary

Purnima Mehta

Treasurer

Punam Patwa
020 8958 2714

Jt Treasurer

Kishor Doshi

P.R.O.

Pratul G. Shah
pgshah42@yahoo
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Webmaster

Chiman Sheth

Entertainment

Vinod Kapashi

Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then **Sponsor** a lunch for **£350.00**.

5 guests allowed.

Special lunch for **£750.00**

Guest Fee **£7.00**

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 23 Vol-12 (DECEMBER 2021)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: www.nvk.org.uk/galleries/all

JAI JINENDRA & JAI SHREE KRISHNA

Dear Vadil Members

President Vinod Parekh, and the Committee wishes you all a Merry Christmas, and hope you celebrate it with your family safely.



Welcome to December Newsletter. Hope everybody is keeping well and looking after themselves. By now all our members have had their Booster Jabs.

Winter is here now, and there is a new variant of Covid around so we don't know when we will start Kendra's gathering again.

So we urge you all to be careful and obeying the rules set by the Government. Winter is upon us now so more reason to be careful.

As all of you know that our yoga sessions are still running very well. NVK's thanks to Manishaben, Zoom Team and for all of you to joining regularly.

Message from our President:

Dear All,

Jai Jinendra and Jai shree Krishna

Hope you and your family are in good health and keeping safe. Please continue with it for some time as the new Variant of Covid 19 has arrived.

So make sure you follow the new Government guidelines announced recently. This is all for our safety and we must take them seriously. There seems to be no end to this Pandemic in the near future.

The festive season is coming soon, make sure you all take care while enjoying with friends and family.

Regards to all members.

**Vinod Parekh
President
NVK.**

PROGRAMMES IN OCTOBER:

04/11: Morning Yoga was conducted by Manishaben. 78 devices were registered.

11/11: Morning yoga was conducted by Manishaben, 75 devices were registered.

18/11: Morning yoga was conducted by Manishaben, 78 devices were registered.

25/11: Morning yoga was conducted by Manishaben, 70 devices were registered.

Some of the messages we received from members, after we stopped our afternoon activities for the time being.

ANIL and I we would like to congratulate the team for their hard and dedicated work that they have put in for the last 18 months. It is a long period without break. Well done all who worked behind the scene.

Thank you keeping the centre running during this difficult time

ANIL and Jaindrabala GANDHI

Jyoti Gandhi

Dear Prafulbhai

We are indeed grateful to you all NVK committee members for their undeterred effort for keeping all members, entertained, healthy and occupied during covid. Our sincere thanks to you all.

Warmest regards

Kishore and Saroj Lakhani

SAD NEWS:

It is with a heavy heart and deep sadness that we inform the passing away of our member – DR (RETD) MANUBHAI VELJI BHIMJI HARIA - Age 79 on 01/12/2021. He was the husband of our member SHOBHNABEN.

On behalf of the President – Vinod Parekh and members of Navjivan Vadil Kendra, we offer our sincere condolences to the family members of late MANUBHAI and pray to Lord Mahavir to rest the deceased's soul in eternal peace and that he gives courage to all family members to bear the loss with fortitude.

MANUBHAI had joined NVK on 01/01/2012 and was a very kind and warm hearted person always willing to help others, a regular and active member, a retired Dental surgeon. He was very friendly, always smiling and made many friends with his witty nature. He helped NVK by making photocopies of all our Newsletters, Membership forms etc regularly for several years without any charge.

He will be sadly missed by NVK.

OM SHANTI

SHANTI

SHANTI

PRAFUL SHAH

PRO - NVK



LATE DR MANUBHAI HARIA

🙏 RIP 🙏