



The Queen's Award
for Voluntary Service

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 13. Vol-8 (August 2017)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE



www.nvk.org.uk

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Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a lunch for **£301.00**. 10 guests allowed. Special lunch for **£601.00**

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

Dear Members

Jai Jinendra and Jaisi Krishna

A warm welcome to the August edition of Kendra's Newsletter. Hope all of you are enjoying this beautiful warm weather and few showers in between. We wish all our members good health and happy holidays if you are traveling.

DONATIONS JULY 17

Chaas for the month of July was sponsored by Kantaben Shah in memory of her late husband Vinodray Ramji Shah.

£25 from Sushilaben Maniar to celebrate the 85th birthday of her husband Harilal.

PICNIC DONATIONS: Water Bottles and Biscuits by Maltiben Shah. Chocolates by Jayshree Dinesh Doshi.

Popcorn & 'Farfar' by Sushilaben & Harilal Maniar.

13/7: Instead of Chaas, Ice Cream was served to all after lunch, which was sponsored by Meenaben and Anilkumar Trambaklal Shah. On the special occasion of their Golden Wedding Anniversary on 14/7.

£51 from Damyantiben Jayshukhlal Shah on the occasion of her Granddaughter Janhvi's success in her final exam of Dental Surgery, which she passed with Honours.

£25 from Geetaben Mehta on the occasion of the birth of her granddaughter Arya. (Daughter of Nikxit and Jalpa)

£51 from Champaben Shantilal Mehta, who celebrated her 87th birthday on 10/7.

£25 from Jaswantiben N. Shah who will celebrate her 79th birthday on 14/7

20/7: £101 from Pushpaben Mahasukh Patel who recently celebrated her 80th birthday. Kendra's Heartiest Congratulations to her and we pray that she will celebrate many more birthdays to come.

£51 from Nirmalaben and Dhirajlal Doshi who celebrated their 55th Wedding Anniversary yesterday.

£51 from Shardaben Indravadan Sheth who has attended the Kendra for the first time after her long illness. She has recovered very well and would like to continue attending our gatherings. Kendra's Best Wishes and we pray for her a very speedy recovery.

27/7: Krishnaben and Kiritbhai Mehta sponsored nectarines for all the members at lunch time. This was part of the 'five a day' fruit & veg for healthy eating initiative from them.

We wish all the above donors' best wishes and a big thank you for all the generous donations to the Kendra.

PROGRAMS IN JULY 2017

4th July: On Tuesday 60 people had joined in a picnic to Verulamium Park in St. Albans. The weather was fantastic and everyone had a great time and enjoyed seeing all the Roman relics and the beautiful Cathedral. It was nice to see that Five lady members had joined despite they were celebrating "Aagiyaras" by bringing their own special food from home. Also

a 12 year boy Shivam Udani who had come from Texas, USA, had joined with his grandma and had a lovely time playing with football and making members run and play games. He did wonderful acting in aping some of the things said by the President of USA - Donald Trump.

6th July: After lunch as it was Cancer awareness week, MacMillan Cancer came to give us a talk on that subject. Two Representatives from McMillan Cancer Support gave a very interesting interactive talk with the help of slides and projection. Everyone enjoyed the talk. On behalf of Kendra, Jayantbhai Doshi thanked McMillan and presented them with a token cheque of £101 for their charitable work and also £125 in cash which was the collection from our members.

13th July: Jasuben had organised a debate on "Buddhapa ni Maja ke Buddhapa ni sajaa. About 22 members participated and debated on both the subjects. Dr Harshad Sanghrajka chaired the debate.

20th July: Bingo was conducted by Mahendra Vora. Everyone enjoyed playing it.

27th July: In the morning from 11.00am to 12.30pm we had another very interesting workshop on **OCD** (Obsessive Compulsive Disorder). The presentation was given by Renuka Jena and Karolina Balciunaite from NHS Harrow, which was excellent and very interactive. All the members who had attended the workshop praised it very much. Many thanks to Pragnaben Mandalia for organising such health talks, which are highly beneficial to our members.

After lunch there was a stand-up comedy show by Bhanubhai Pandya. He entertained everybody with his funny jokes and witty humour. Many thanks to Vinodbhai Kapashi for arranging this.

UPCOMING EVENTS 2017

We HAVE organised two trips to Wales.

- 14th August till 18th August
- 4th September till 8th September.

August trip is full but there are some places in September trip.

1. Spend half a day at the beach.
2. Visit Electric Mountain which is a wonderful site. Members will be required to pay for the entrance fees. (As surface could be uneven members are advised to use good shoes to go inside the tunnel). While lunch is not included we will arrange some sort of lunch for members.

THOSE JOINING September trip to Wales or planning to join....please give your email and mobile number to Jayesh Shah (jaykumar25@hotmail.com)

PANAMA CRUISE

We are planning Panama Cruise in mid-November lasting for some 17 or 18 days. (Cruise plus travelling).

More details will be sent in due course but in the meantime if you are interested then please reply to jay@jayantdoshi.com and let him know. Please note cabins are for **TWO** sharing.

PLEASE TAKE NOTE

Please note that on Thursday 10th August, the halls in Sattavis Pattidar Centre are all booked.

We will meet on Wednesday 9th August instead. Kindly inform other members.