



# Navjivan Vadil Kendra

WARRANT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 12. Vol-1(February 2017)

The Queen's Award  
for Voluntary Service

Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

## Honorary Patrons

Manick Choraria  
Pranlal V Parekh

## President

Baburai T. Shah  
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## Vice President

Vinod Parekh  
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## Secretary

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## Joint Secretary

Hasmukh Parekh  
020 8904 4213

## P.R.O.

Praful G Shah

## Treasurer

Punam Patwa  
020 8958 2714

## Jt Treasurer

Ashok Mehta

## Webmaster

Chiman Sheth

## Entertainment

Jasuben Sheth

## Committee

Indrakant Bakhai  
Dr Vinod Kapashi  
Pragna Mandalia  
Rama Doshi  
Jaykumar Shah  
Ella Shah

## Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then **Sponsor** a lunch for **£351.00**. 10 guests allowed.

**Disclaimer:** Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

## DONATIONS:

- **5<sup>th</sup> January:** Chaas for the month of January was sponsored by Induben and Sobhagchand Z Shah  
Manjuben Pindoria had prepared a small stand banner to celebrate our 10<sup>th</sup> Anniversary. She had also brought mouth freshener Kucha Aam Juicy Jelly for members.
- **12<sup>th</sup> January:** £25 from Hansaben Patani in memory of her husband - Chandrakant Patani, who passed away thirty years ago on 12<sup>th</sup> Jan 1987. May his soul rest in eternal peace.
- **19<sup>th</sup> January:** £21 from Kantaben Vaid in remembrance of the 'punya thithi' of her beloved husband last week.

Bhartiben Kotecha had sponsored 'Jalebi' at lunch time to celebrate the 'shrimant' of her daughter Disha & Nitin Parmar, which was last Sunday. Kendra's heartiest thanks to all the above donors.

## PROGRAMMES IN January 2017

**5<sup>th</sup> January:** This was the date 10 years ago Navjivan Vadil Kendra was established by few members. To celebrate that a programme was arranged by Jasuben Sheth for members to share their views after joining the Kendra. Many members told that how coming to Kendra has changed their lives and the pleasure it gives them. Some expressed their views by singing and reciting poems. Many thanks to Jasuben and participants.

**12<sup>th</sup> January:** many members



Bingo was played after lunch and participated.

**19<sup>th</sup> January:** many members were 2 prizes for score. Prizes Shah.



Whist Drive was played after lunch and played this game and enjoyed it. There highest score and 2 prizes for lowest were kindly donated by Mrudlaben

**26<sup>th</sup> January:** Pragnaben Mandalia had arranged a workshop by Talking Therapy from 10.30 am to 12 noon and the topic for discussion was "Anxiety and Depression". Meghnaben Thakar and Gini Bequiri from

Brent and Harrow conducted the workshop. Kendra's many thanks to them. 25 members came early to take part and they were highly impressed and said they gained a lot of knowledge. Our thanks to Pragnaben for always arranging brilliant health programmes for the benefit of members.

As it was India's Republic Day after lunch Vinodbhai Kapashi gave a brief history of India leading to the independence and declaration of Republic day in 1950. Pragnaben had kindly organised some videos to commemorate this day with appropriate songs and dance. A video and screen was used throughout the programme. Members then sang independence songs and a march past was done with flags of India and ladies in tricolour clothes. Another good programme arranged by Jasuben Sheth. Kendra's thanks to Jasuben, Pragnaben, Vinodbhai Kapashi and special thanks to Harenbhai Meshwani for seeing to the technical side.

Kendra is very proud to note that our committee member Vinodbhai Kapasi was awarded 'Jain Gaurav' award when he was invited to give a talk on "Jainism in Britain" on Christmas day in Ahmedabad. The programme was arranged by Vishvakosh Trust and Anukampa Trust. Also

Vinodbhai Kapashi's new book "Jain Dharma Gyan Sagar" with 1000 questions and answers has now been published. He has published several more books before. Our heartiest congratulations to him on his both achievements.

**Walking Group:** We are very proud that walking group is going very strong. Many keen members come as early as 10am to participate in this activity and walk at least for 30-45 minutes. After the walk there is fruit for everyone to share which is donated by walkers. Thank you to Pragnaben and Ellaben for starting this group.

Please note that on 2<sup>nd</sup> February 2017 we are in upstairs hall at Sattavis Patidar Hall as both the halls are booked for Weddings. Please note that the walk has also been cancelled due to that reason.



We only have 16 more days before our grand programme to celebrate Kendra's 10<sup>th</sup> Anniversary on 16<sup>th</sup> February 2017. The colourful Souvenir is now being printed in India and so are some surprise items for members. Some of the committee members have been working really hard to make this event successful.

Some reminders for the celebration day

**Dress code:** Ladies Saris. Gentlemen suits.

**Note for disabled:** There is only 1 lift at VIP Lounge and that is for transporting goods only. So we kindly request that only be used by wheelchairs members and those who have difficulty in climbing stairs

**Parking:** There is limited parking space so we request everyone to either share the cars or use public transport to come. The parking areas will be controlled two Traffic Wardens of VIP Lounge and two of NVK Volunteers will guide to the appropriate spaces.

