



The Queen's Award

# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 23 Vol-07 (July 2021)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: [www.nvk.org.uk/galleries/all](http://www.nvk.org.uk/galleries/all)



www.nvk.org.uk

## Honorary

### Patrons

Manick Choraria  
Pranlal V Parekh

### President

Vinod Parekh  
020 8907 1331

### Vice President

Vinod Kapashi

### Secretary

Jayant U Doshi  
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

### Joint Secretary

Purnima Mehta

### Treasurer

Punam Patwa  
020 8958 2714

### Jt Treasurer

Kishor Doshi

### P.R.O.

Pratul G. Shah  
[pgshah42@yahoo.co.uk](mailto:pgshah42@yahoo.co.uk)

### Webmaster

Chiman Sheth

### Entertainment

Vinod Kapashi

### Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

### Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then *Sponsor* a lunch for **£350.00**.

5 guests allowed.

Special lunch for **£750.00**

Guest Fee **£7.00**



**JAI JINENDRA & JAI SHREE KRISHNA**



## Dear Vadil Members

Welcome to July Newsletter. Wish all our members are keeping well, and looking after themselves. We are in July now and the Road Map for coming back to normality is approaching nearer. Hope everything opens up on 19<sup>th</sup> of July, so we can plan to open our regular meetings at Sattavis Patidar.

**Donations:** £51 from an anonymous donor, to celebrate the Birthday of his late father. Kendra's best wishes and many thanks to them. £75 from Suru Kakad on celebration of his beloved wife Nimaben on her 75<sup>th</sup> Birthday on 10<sup>th</sup> May. Kendra's best wishes to her, and many thanks for their kind donation.

### PROGRAMMES IN JUNE:

**03/06:** Morning Yoga was conducted by Manishaben 84 devices were registered. In the afternoon, we had arranged for our members to share their memorable memories. There were 12 participants who shared their memorable stories and objects. 73 devices were registered.

**10/06** Morning yoga was conducted by Manishaben, 88 devices were registered. Afternoon we had Live Music programme which was sponsored by Nimaben and Surubhai Kakad, to celebrate Nimaben's 75<sup>th</sup> Birthday. It was a very successful afternoon with Raaj Gambhir and Anjali Bhatt, singing hit Bollywood songs. Many members were dancing to the music in their living rooms. Kendra's thanks to the Kakad family for arranging this entertaining programme. 212 devices were registered.

**17/06:** Morning yoga was conducted by Manishaben, 89 devices were registered. Afternoon we had Bhajan & Stavans programme. 12 members took part in this by singing their favourite Bhajans and Stavans. It was nice to see members showing their talents. 78 devices were registered.

**24/06:** Morning yoga was conducted by Manishaben, 83 devices were registered. In the afternoon Dr. Kapashi conducted a programme on Home Remedies & Our House Herbs & Spices. He had prepared a slide show on how to use the herbs and spices for staying fit and healthy for all the common ailments. It was very well presented with tips on how to use them. He also showed, how our fingers, toes, and ear massaging can contribute to certain ailments. It was a very interesting and knowledgeable programme. Kendra's thanks to Dr Kapashi and Sudhaben for sharing their knowledge with us. 95 devices were registered.

### SAD LOSS:

Om Shanti Om

We convey our deepest condolences to Baburai Shah on the sad loss of his beloved wife Hasmitaben on 23<sup>rd</sup> June. We pray to god to rest her soul in peace and give courage to his family to bear their loss.

She was the wife of our Past President BABURAI T.SHAH, and also she was one of the founder members of NVK since inception on 5th January 2007 and had been a regular attendee at our gatherings.

We convey our deepest condolences to the family of Hematlal Revashanker Mehta on passing away of Hematlalbhai on 15<sup>th</sup> June, age 96. We pray to god to rest his soul in peace and give strength to his family on his sad loss.

He had joined in NVK very soon after it was established on 22/02/2007, and was a very sincere, active and helpful member and an Assistant Treasurer for several years. He was also bestowed a 'saal' on reaching the milestone 90 years of age in 2015. Unfortunately due to ill health, he was bedbound and stopped attending NVK since 2018 and could not fulfil his expressed wish to attend NVK till his last days.

[Get your NHS COVID Pass letter](#)

Just sending again the reminder to get your COVID PASS. This was sent by Prafulbhai on 27<sup>th</sup> June.

If you haven't done it, please do it now. Our President Vinodbhai, Prafulbhai, Punambhai and Mahendrabhai has already got their Covid Pass. It will be very useful for you in future to travel abroad. Just click on the Link bellow which will take you to the form. It will guide you how to feel the form.

You can ask your children to fill it for you. Many of our members have applied and have got their Covid Passes.

## Before you start

They will ask you some questions, so they can find your vaccination record.

If they can find your vaccination record, they will send you a letter to the address you have registered with your GP surgery. You should get this letter within 5 working days

[NHS COVID Pass - NHS](#)

[NHS](#)

[Covid Status](#)

<https://covid-status.service.nhsx.nhs.uk/help/privacy-notice/>

## Non-Digital users

There is an alternative to using a mobile device or computer to access your COVID Pass status and this is via the 119 telephone service, where you can call to request a letter. Welsh citizens can also use this non-digital route to receive a letter - initially from a local service (300) and in the coming weeks, via the same 119 service as English citizens.

