

# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

www.nvk.org.uk

Newsletter: Issue 11. Vol-3 (April 2016)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

## Honorary Patrons

Manick Choraria  
Pranlal V Parekh

## President

Baburai T. Shah  
020 8440 9968

## Vice President

Vinod Parekh  
020 8537 5592

## Secretary

Jayant U Doshi  
32 Adelaide Close  
Stanmore  
HA7 3EN  
020 8954 1859

## Joint Secretary

Hasmukh Parekh  
020 8904 4213

## P.R.O.

Praful G Shah

## Treasurer

Punam Patwa  
020 8958 2714

## Jt Treasurer

Ashok Mehta

## Webmaster

Chiman Sheth

## Entertainment

Jasuben Sheth

## Committee

Indrakant Bakhai  
Dr Vinod Kapashi  
Pragna Mandalia  
Rama Doshi  
Jaykumar Shah  
Ella Shah

## Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then **Sponsor** a lunch for **£251.00**. 10 guests allowed.

**Disclaimer:** Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

## DONATIONS:

- Chaas for the month of March was sponsored by Latika and Dinesh Zaverchand Shah.
- Biscuits and Tea for March was sponsored by Dakshaben and Arunkant Doshi.
- £51.00 from Mrs. Manjulaben Manubhai Shah on her birthday which was on 3<sup>rd</sup> March
- £11.00 from Premlataben Parekh.
- 3<sup>rd</sup> March: lunch was sponsored by Mr. Sobhag and Induben Shah, who celebrated their GOLDEN Wedding Anniversary on 26th February 2016.
  - 17<sup>th</sup> March Lunch was sponsored by Skylink Tours & Travels Ltd. Anil Bhagi talked about his Brochure and the trips planned by his Company.
- 22<sup>nd</sup> March: an anonymous donor had kindly donated the water bottles.
- 31<sup>st</sup> March: £50 from Dolatrai Sheth, who celebrated his birthday last week.

## PROGRAMS IN MARCH 2016

- 3<sup>rd</sup> March: after lunch there was a discussion topic on TAMARA MAT PRAMANE IDEAL COUPLE KONE KEHEVAY. There were 8 participants and they told their views about an ideal couple.
- 10<sup>th</sup> March: After lunch Jasuben conducted a program for Mother's Day. Participant members shared their beautiful memories of their mothers with singing songs.
- 17<sup>th</sup> March: Harshadbhai Sanghrajka gave a talk on Jainism and some ladies sung songs.
- 22<sup>nd</sup> March: A full day music program was arranged as we couldn't get the Hall on 24<sup>th</sup> March. All the volunteers and some members arrived early and decorated the hall and tables. The music was presented by Uma & Sailesh Pujara with Wahab.

It started at 11am with some well-known Bollywood songs. The hall was packed with 280 people and the atmosphere was enchanting. At 1.15pm Lunch was served which consisted of mouth-watering menu. It was a brilliant achievement for Kendra, having this successful event.
- 31<sup>st</sup> March: Immediately after the announcements, Baburai Shah and Jayantbhai Doshi welcomed the two special guests – Navinbhai Shah, Assembly Member for Brent & Harrow and Nitinbhai Parekh, Councillor for Harrow. Both of them then spoke on the need for all British citizens to ensure that they vote for the candidate of their choice for the London mayoral elections. They gave details of the working of the Mayor for the benefit of the Londoners.
  - After lunch we had a program, called "Chai with Jasu" Jasuben interviewed our special guest – Lalubhai Parekh a well-known social worker. He talked about his life and how he worked with Indian BJP Party. We had some time left after the interview so some of our members sang beautiful songs which everyone enjoyed.

We are highly pleased that our President – Baburai Shah is yet again appointed as the Presiding Officer for the London Mayoral elections on 5<sup>th</sup> May and the EU referendum on 23<sup>rd</sup> June. Kendra's heartiest congratulations to him

### **PROGRAMS FOR APRIL:**

- 7<sup>th</sup> April: we will have our Annual General Meeting.
- 14<sup>th</sup> April: we will have a talk on Vegetarianism by Nitin Mehta.

### **Future Programs:**

Kendra has arranged a Gujarati natak by Kiran Purohit - "Beh Beh Wife Pun Ekaj Life" on Sunday – 15<sup>th</sup> May at the Federation of Pattidar Association, London Road, Wembley, at 12 noon.

Tickets are £10 for members, their friends or guests. You can have a late breakfast on that day and see the play and thereafter go and enjoy variety of food available on the Ealing Road with your friends.

For tickets contact:

Vinod Parekh – [vparekh42@gmail.com](mailto:vparekh42@gmail.com)

Punambhai Patwa - [punampatwa@hotmail.com](mailto:punampatwa@hotmail.com).

Please note that the Hall has a capacity of 120 and already over 50 tickets have been sold. If you are interested, please book your tickets now.

**Yoga Retreat** - Kendra has arranged a Yoga Retreat from Mon -11th to Sat -16th July at the Pastoral Centre, Fareham, Hampshire ([www.parkplacecentre.org.uk](http://www.parkplacecentre.org.uk).) Guests are welcome. Only a limited number of places are left. Please inquire at the front desk with Punam Patwa.

### **MANY THANKS**

On behalf of the Kendra the committee would like to thank and congratulate the members and their family for sharing their special occasions with us and by giving a very generous donations to the Kendra. We wish everyone best wishes on whatever they are celebrating and a happy future.

### **COMMENTS WE RECEIVED VIA EMAIL FOR THE MUSIC DAY:**

1) A big thank you to everyone involved in organising the full day musical program on 22nd March. It was as usual very well organised with good music, table layout, and lots of varieties of food. We are indeed very lucky to have such a strong united dedicated team of committee members and regular volunteers.

It takes a lot of hard work and time to do all this and as I have observed they are usually the last ones to have lunch and Quite often end up having very little of it.

The big turnout we have every year speaks for itself.

From Gauri Sheth

2) Yet another very successful event, for which our heartiest Congratulations go to the entire team and volunteers who have put great deal of time and efforts to organise such an events which we have enjoyed immensely. The musical program was fantastic and food was very tasty and sumptuous which was served in an orderly manner and completed within 45 minutes which are highly commendable.

Thanking you once again for organising such an enjoyable events.

From Manubhai and Vidyaben.

### **Gayathri Mantra and Its Meaning:**

Om bhurbhuvahswah- tatsavitur varenyam- Bhargo devasya dhimahi-Dhiyo yo nah prac-hodayat

Lord you are the giver of life, the remover of pain & misery & the source of happiness. May you, creator of the Universe, guide our intellect in the right direction.

**Quote :** Give me the supreme courage of love, this is my prayer, the faith of the life, the death, of the victory in defeat, of the power hidden in the frailness of beauty, of the dignity of pain that accepts hurt, but disdains to return it.

**Rabindranath Tagore.**