



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

[NEWSLETTER ISSUE 08 VOL 28 August 2025]

FOR PHOTOS PLEASECLICK: <https://www.nvk.org.uk>



Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

Honorary Patrons

Late Manick Choraria

Late Pranal V Parekh

Jayant U Doshi

Baburai T Shah

President

Vinod Parekh

Vice President

Vinod Kapashi

Secretary

Purnima Mehta

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Joint Secretary

Mahendra Vora

Treasurer

Jayesh Shah

Joint Treasurer

Kishor Doshi

Webmaster

Chiman Sheth

Entertainment

Vinod Kapashi

Kusum Punater

Committee

Ella Shah

Hasmukh Parekh

Karsan Bhudia

Pradip Patel

Shirish Mithani

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then **Sponsor** a lunch for **£750.00**. 5 guests allowed.
Special lunch for **£1500.00** 5 guests.
Guest Fee **£10.00**

🙏 JAI JINENDRA & JAI SHREE KRISHNA 🙏

Dear Vadil Members,
A message from the President and the executive committee:



Welcome to August Newsletter, and wish all our members are keeping well.

DONATIONS: CHASS for the month of August was sponsored by: Rasillaben Prubhudasbhai Shah and Binaben Shah, Anonymous and Sarojini Rawji Chauhan.

7/08: £51 from Navnitlalbhai Vora and Vasumatiben Vora. They are both celebrating their birthdays in August. Vasumatiben's birthday is on 10 August and Navnitlalbhai's birthday is on 14 August.

14/08: £51 from Manjulaben Navinchandra Patwa and family on the occasion of her grandson graduated with masters in Mechanical Engineering and her grand-daughter Deesha achieving 3A* and A in her A levels.

£25 from Kiranben and Nitinbhai Patel on occasion of their grandson Kush Mehta son of Sheetal and Viral Mehta achieving 3A* and A in A levels.

21/08: Packets of Biscuits from Madhuben Gulabbhai Shah.

Kendra's heartiest thanks to all the above DONORS for their kind generosity for sharing their special occasions with us and our best wishes to them.

PROGRAMMES IN AUGUST:

07/08: In the morning yoga was conducted by Manishaben, in the afternoon we had arranged to celebrate a festival of Raksha Bandhan on 7th August 20th actual

day as per the Hindu calendar this year was 9th August 2025 but we celebrate on nearest Thursdays. First of all, Vinod Kapashi explained the importance of this festival and described how it strengthens the bond between brothers and sisters. Members were asked to come forward and sing Raksha Bandhan songs. Some six members sang the songs and created a beautiful atmosphere. Then members were asked to tie Raksha around 'brothers' wrists. Raksha potlis which were made sacred by monks were used. First a kumkum tilak was placed on the forehead and then Rakhi's were tied. A very joyful and loving atmosphere made everyone happy. Programme finished at 3 pm with tea and biscuits.

14/08: After morning Yoga by Nishaben Hirani and lunch, we celebrated India's Independence Day and the festival of Janmashtami on 14th of August 2025. First Krishna Bhagvan's Thal was sung. Our members had brought sweets, fruits and nuts as offerings to Lord Krishna. After the Thal Vidhi, the birth incident was narrated and members took child Krishna on their head as a mark of respect and devotion. After this Aarti was sung and the Prasad items were distributed together with the afternoon lunch.

After lunch, part two of the celebration took place. Many of our members sang patriotic songs. A small procession was held in the hall whilst chanting the slogans like Bharat Mata ki Jay and Vande Mataram. Many members again sang the appropriate songs.

21/08: In the morning yoga was conducted by Nishaben Hirani, in the afternoon Paravdhiraj Paryushan commenced from 20/08. Many of our members celebrate this occasion by fasting and penance. Paryushan provides an opportunity to forgive others aiding in the liberation of the soul from cycles of birth and death.

In the afternoon a talk by Shalini Nanayakkara on eye problem and specially on Macular Degeneration was well received by the members.

26/08: In the morning we had yoga by Nishaben Hirani,, in the afternoon because of Paryushan, and less members attending there was no afternoon programme.

