



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

[NEWSLETTER ISSUE 03 VOL 29- March 2026]

FOR PHOTOS PLEASECLICK: <https://www.nvk.org.uk>



Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE
Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

Honorary Patrons

Late Manick Choraria

Late Pranal V Parekh

Jayant U Doshi

Baburai T Shah

President

Vinod Parekh

Vice President

Vinod Kapashi

Secretary

Purnima Mehta

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Joint Secretary

Mahendra Vora

Treasurer

Jayesh Shah

Joint Treasurer

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Chiman Sheth

Entertainment

Vinod Kapashi

Kusum Punater

Committee

Ella Shah

Hasmukh Parekh

Karsan Bhudia

Pradip Patel

Shirish Mithani

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a standard lunch for **£551.00**. 5 guests allowed.

Special lunch for **£1500.00** 5 guests.

Guest Fee **£10.00**

🙏 JAI JINENDRA & JAI SHREE KRISHNA 🙏

Dear Vadil Members,

Welcome to March Newsletter, and wish all our members are keeping well.

DONATIONS: CHASS for the month of March was sponsored by .

05/03:* £21 and packets of biscuits from Virendrabhai Shah on the occasion of his wife Maltiben's birthday on 6 March 2026, and also Packets of Biscuits.

12/03:*£25 from Sarojben Pramodbhai Shah on the occasion of their 62nd Wedding Anniversary on 12/03/26.

*£120 from Priti and Seju for Chass for the months of April/May, in memory of their late mother Shardaben J. Shah.

£101 from Vanik Council in honour of Chairman Manharbhai Mehta's presentation on 'World Kidney Day' on 12/03/2026.

*£25 from Kiranben and Vijaybhai Sheth, Trustee of Jain Network and Vice Chairman of Vanik Council, Uk.

*Packets of Peanut Chikki, donated by Ushaben Lakhani to serve at lunch time.

*Packets of Biscuits from Madhuben Gulabbhai Shah.

26/03:*£60 for Chaas from Sudhaben Chandulal Shah for the month of May.

Kendra's heartiest thanks to all the above DONORS for their kind generosity for sharing their special occasions with us and our best wishes to them.

PROGRAMMES IN March:

05/03: In the morning yoga was conducted by Manishaben, in the afternoon we had invited Brent's Labour Councillor Ms Krupa Sheth. She talked about how she became interested in Politics while helping her uncle who is a councillor in Brent. So she stood up for becoming a Councillor in 2012, she was the youngest Councillor. At present she is in charge of many portfolios in the Council including Planning Enforcement and Environmental work.

Members enjoyed listening to her and she answered questions from our members. Our thanks to Ms Krupa Sheth for her time.

12/03: In the morning yoga was conducted by Manishaben, in the afternoon our guests were Conservative Councillor Sunita Hirani for Brent, Manharbhai Mehta and Vijaybhai Sheth from Vanik Council UK.

First Manharbhai explained about the function of our kidneys and how important it is to look after them. He also talked about live kidney donations and after your death you

leave your organs by registering with NHS. It was a very informative talk presented with slides and members enjoyed listening to it.

Cllr. Hirani talked about her career and how she came into Politics. An urge to serve the local community made her choose this path. She also explained about the role of the council and offered members to help if they have any issues with the council. Our thanks to all our three guests who came to us by giving their precious time.

19/03: In the morning we had yoga by Manishaben, in the afternoon we celebrated Mothers' Day which was on 14th March. We had a late start due to the food for lunch was delivered late. 10 members had given their names in advance to participate for this occasion. A few talked about their mother's love for them and few sang songs relating to mothers. Over all the standard was very good and we ask that many more come forward to take part.

26/03: In the morning we had yoga by Manishaben, in the afternoon as it was Ram Navami, so we celebrated today. Maltiben, Lalitbhai and many ladies had set up tables with Ram-Darbar and other religious items. Quite a few people brought Prasad. WE are grateful to all of them.

First we performed Bhagvan Ram's aarti. After this Prasad items were taken away which were distributed amongst our members during the lunch time.

After lunch. There were a couple of speeches. Shobhnaben Lathia (about three minutes) and Viayshreeben Rajput (about 18 minutes) spoke about Bhagvan Ram and Ramayan. We also celebrated Hanuman Jayanti. Hanuman Chalisa was sung by 10 to 12 enthusiastic devotees with manjira music. Six to seven other people wanted to sing songs/bhajans. However, we could only allow one minute each to these singers due to lack of time. Overall our members were very happy and praised the programme. We collected £68.10 from the Aarti money. Details on where this money will be donated will follow.