



# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

[ NEWSLETTER ISSUE 11 VOL 28 NOVEMBER 2025 ]

FOR PHOTOS PLEASECLICK: <https://www.nvk.org.uk>



Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

**Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings**

## Honorary Patrons

Late Manick Choraria

Late Pranal V Parekh

Jayant U Doshi

Baburai T Shah

## President

Vinod Parekh

## Vice President

Vinod Kapashi

## Secretary

Purnima Mehta

E-mail:

[nvkendra@gmail.com](mailto:nvkendra@gmail.com)

## Joint Secretary

Mahendra Vora

## Treasurer

Jayesh Shah

## Joint Treasurer

Kishor Doshi

## Webmaster

Chiman Sheth

## Entertainment

Vinod Kapashi

Kusum Punater

## Committee

Ella Shah

Hasmukh Parekh

Karsan Bhudia

Pradip Patel

Shirish Mithani

## Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a standard lunch for **£551.00**. 5 guests allowed.

Guest Fee **£10.00**

Please book with the Secretary.

## 🙏 JAI JINENDRA & JAI SHREE KRISHNA 🙏

### Dear Vadil Members,

Welcome to November Newsletter, and wish all our members are keeping well.

**DONATIONS:** CHASS for the month of November was sponsored by Anonymous donor.

**06/11:**\*£100 from Lata Chandrakant Shah in memory of her husband Late Chandrakant Chaganlal Kara. It was his 20th death anniversary on 6/11.

**13/11:**\*£101 from Shantibhai Shah on the occasion of his 81st birthday On 13/11.

\*£151 from Pratima Mandalia as 'Khushi Bhet'.

\*£25 from an anonymous donor.

\*£51 from Mita Chandrakant Shah as 'Khushi Bhet'

\*£11 from Naresh Doshi in memory of his wife late Pratibha Doshi.

**20/11:**\*£21 from Ella Shah on the occasion of her granddaughter Sanam's Engagement to Joshua Henderson.

**27/11:**\*Kirtibhai and Krishnaben Mehta donated a small tin of butter cookies as early Christmas present (one tin per member) to all members present.

\*£21 and packets of biscuits from Maltiben Shah on the occasion of her husband Virendrabhai Shah's birthday which is on 29 November.

**Kendra's heartiest thanks to all the above DONORS for their kind generosity for sharing their special occasions with us and our best wishes to them.**

### **PROGRAMMES IN NOVEMBER:**

**06/11:**In the morning yoga was conducted by Manishaben, in the afternoon, Dr. Kapashi had arranged a talk about the Dev Diwali. Before that we had Anil Bagai from City Bond Travels to talk and explain about our Sri Lanka Tour which we have planned in March 2026. He gave a description about which places we are going to and what is required to join this trip. He also sponsored today's lunch. Those who want to go on this trip will have to sign up via online, details will be sent in the announcements.

After that Dr. Kapashi narrated about Dev Diwali and its importance, especially it being a Kartiki Purnima, what does it mean for all of us. Jains on the day start their pilgrimage to the Shatrunjay Mountain (Palitana). This is an amazing place, irrespective of one's religion. There are some 800 temples on this mountain, some even more than 1000 years old. Vinodbhai showed this with the help of slides. Places like this are worth visiting as they sing the glory of our heritage.

**13/11:** Yoga was conducted by Mrs Usha Mehta and Nutan Laxman as our Yoga guru Manashiben Wala was away. In the afternoon session, we played a game of Antakshri, we started at about 2.25 pm and first Vinodbhai Kapashi asked members to sing the songs from the films of Dharmendra and then films of Raj Kapoor and then of Nutan. Members took part with great enthusiasm.

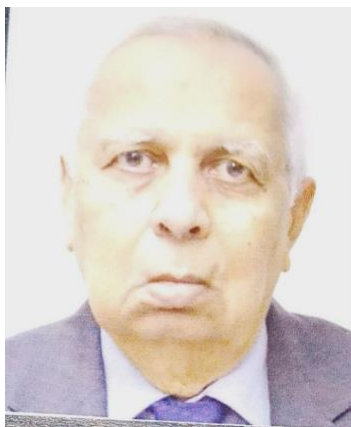
**20/11:** In the morning yoga was conducted by Manishaben, in the afternoon we had arranged a talk on Kailash Mansarovar yatra. Our members Mr Pradip Patel and Mrs Surbhiben Khona had gone on this pilgrimage a few months back. Both of them were introduced by Vinodbhai Kapashi. Vinodbhai also very briefly explained the importance of these places in Hindu, Jain, Buddhism and Bon religions.

Pradipbhai and Surbhiben then narrated their experiences with the PowerPoint presentation. They had prepared this with the aid of photographs they had taken. They explained their joy and sense of fulfilment on doing this. They also pointed out what sort of precautions are required and likely hazards of finishing this Yatra.

**27/11:** In the morning we had yoga by Manishaben, in the afternoon programme we played 2 games of Bingo all enjoyed and the day ended with Tea and Biscuits.

### **SAD NEWS:**

We convey our deepest condolences to the Lakhani family on the sad demise of late Anantrai Laxmidas age 85, on 03/11/25. We pray to GOD that his soul rests in peace, and give strength to his family to grieve in this difficult times.



🙏 OM SHANTI OM SHANTI 🙏

We convey our deepest condolences to Rupani family on the sad demise of late Bhogilal Hargovind Rupani aged 87 on 05/11/25. We pray to GOD that his soul rests in peace, and give strength to his family to grieve in peace.



🙏 OM SHANTI OM SHANTI 🙏