



The Queen's Award

# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015  
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 23 Vol-010 (OCTBER 2021)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: [www.nvk.org.uk/galleries/all](http://www.nvk.org.uk/galleries/all)



## JAI JINENDRA & JAI SHREE KRISHNA



### Dear Vadil Members

Welcome to October Newsletter. Hope everybody is keeping well and looking after themselves. NHS roll out of Flu and Covid Booster jabs have started for the elderly and vulnerable people. Many of our members will have received them by now. Please do take them when you get a call from your GP.

#### Donations:

\*£101 from Purnimaben Meswani on the occasion of her husband Harenbhai's 80<sup>th</sup> Birthday, on 17<sup>th</sup> September.

\*£65 from Chandrikaben Mehta on the occasion of her husband Lalitbhai's 65<sup>th</sup> Birthday, on 23<sup>rd</sup> September.

Kendra's best wishes to them, and a big thank you to both the families for their generous donations.

#### PROGRAMMES IN SEPTEMBER:

**02/09:** Morning Yoga was conducted by Manishaben. 78 devices were registered. There was no afternoon programme because of Paryushan.

**09/09** Morning yoga was conducted by Manishaben, 65 devices were registered. No afternoon programme due to Paryushan.

**16/09:** Morning yoga was conducted by Manishaben, 76 devices were registered. After two weeks absence Dr. Kapashi explained different aspects of our culture and religion. He talked about customs and their meanings. It was a very interesting talk and how the old traditions are still kept. 46 devices were registered.

**23/09:** Morning yoga was conducted by Manishaben, 76 devices were registered. In the afternoon we had Arts & Craft demonstration by Monali Shah. She is a house wife and her interest of art & craft led her to create beautiful art works. She runs classes for children and adults as well. She

#### Honorary

#### Patrons

Manick Choraria  
Pranlal V Parekh

#### President

Vinod Parekh  
020 8907 1331

#### Vice President

Vinod Kapashi

#### Secretary

Jayant U Doshi  
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

#### Joint Secretary

Purnima Mehta

#### Treasurer

Punam Patwa  
020 8958 2714

#### Jt Treasurer

Kishor Doshi

#### P.R.O.

Praful G. Shah  
[pgshah42@yahoo.co.uk](mailto:pgshah42@yahoo.co.uk)

.co.uk

#### Webmaster

Chiman Sheth

#### Entertainment

Vinod Kapashi

#### Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

#### Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then *Sponsor* a lunch for **£350.00**. 5 guests allowed. Special lunch for **£750.00**

Guest Fee **£7.00**

showed how to turn an ordinary castor in to a beautiful design by painting over it. She gave tips on how to use chalk paint and how to transfer images on the coaster. 60 devices were registered.

Some of the samples Monali creates:



Personalised Cutlery



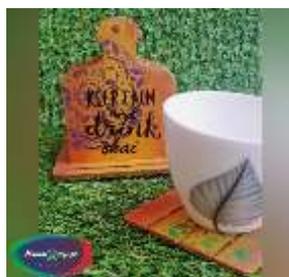
Painted Candles



Coasters



Set of coasters



Coaster for cuppa



Painted Jar



Painted Jar

30/09: Morning Yoga was conducted by Manishaben, 84 devices were registered. In the afternoon we had Kanakben Trivedy who sang Bhajans and songs in her melodious voice. She sang some beautiful songs and members enjoyed listening to her. Kendra's big thank you to Kanakben for offering her services. 60 devices were registered.

### **SAD LOSS:**



**We inform the passing away of our member CHANDRABEN JAYANTILAL SHAH Age 86 -on 06/09/2021.**

**We offer our sincere condolences to the family members of late CHANDRABEN and pray to Lord Mahavir to rest the deceased's soul in eternal peace and that he gives courage to all family members to bear the loss with fortitude.**

**She had joined NVK in January 2020.**

**A Message from our Secretary:**

**TO ALL MEMBERS OF NAVJIVAN VADIL  
KENDRA**

On behalf of the committee, I wish all members a very Happy Navratri and Happy Diwali.

Booster jabs and flu jabs are being given and I hope all members would take them at the earliest opportunity.

As for restarting our weekly gathering, it is a very difficult decision for us to take. There is still fear of the Covid and many members are reluctant to go out. When the committee feels it is safe then a decision will be taken to restart our activities.

In the meantime take care of yourselves and enjoy Zoom yoga and entertainment.

Jayant Doshi

Secretary