



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 20 Vol-02 (February 2021)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: www.nvk.org.uk/galleries/all



JAI JINENDRA & JAI SHREE KRISHNA



Honorary

Patrons

Manick Choraria
Pranlal V Parekh

President

Vinod Parekh
020 8907 1331

Vice President

Vinod Kapashi

Secretary

Jayant U Doshi
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

Joint Secretary

Purnima Mehta

Treasurer

Punam Patwa
020 8958 2714

Jt Treasurer

Kishor Doshi

P.R.O.

Praful G. Shah
pgshah42@yahoo.co.uk

Webmaster

Chiman Sheth

Entertainment

Vinod Kapashi

Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then **Sponsor** a lunch for **£350.00**.
5 guests allowed.
Special lunch for **£750.00**

Guest Fee £7.00

Dear Vadil Members

Welcome to February Newsletter. We are again on 3rd LOCK DOWN, hope all of you are following the Government guidelines, and staying at home and keeping safe.

On 5th January it was our 14th Anniversary, we received many emails of congratulations. Thank you to all who sent the messages. In this difficult times we can't do anything but let's hope that, soon we will hear some good news after most of the adult population has been vaccinated. Hope most of our members have had their vaccination.

PROGRAMMES IN JANUARY:

07/01: Morning Yoga was conducted by Manishaben, 138 devices were registered. In the afternoon we had a programme of Music. Kanakben Trivedi gave a live music programme on Zoom. She started with a Prayer, then Bhajans, Gujarati songs and some Bollywood as well. She had a very beautiful melodious voice. Members enjoyed listening her songs. 105 devices were registered.

14/01: Morning yoga was conducted by Manishaben, 139 devices were registered.

We welcomed MAKAR SANKRANTI FESTIVAL in the afternoon.



Dr. Kapashi gave an insight about the festival. It is celebrated in India to mark the end of winter. Most of the Indian festivals are based on the moon, Makar Sankranti is the only festival based on the sun. As Indians are spread all over the globe, it's now celebrated everywhere in the world. 182 devices were registered.

21/01: Morning yoga was conducted by Manishaben, 117 devices were registered. Afternoon we invited our own singers and devotees to sing Bhajans and Stavans to lift everyone's spirits. All the 15 participants, dressed beautifully for this event and sang a variety of old and new Bhajans and Stavans that made the audience sing along with them. 90 devices were registered.

28/01: Morning, Manishaben conducted the Yoga. 122 devices were registered. In the afternoon we had a talk by Param Pujya Yogvivekdasji, head of Shree Swaminarayan temple (BAPS) Neasden. He explained in simple Gujarati about when Swaminarayan Religion was established. He stayed in Gujrat for 20 years and learnt about, DHARMA, GYAN, VAIRAGIYA and BHAKTI.



Lord Swaminarayan's Philosophy

A favoured philosophy of Lord Swaminarayan was of tyaag (to abstain from worldly associations). When only eleven years of age, Nilkanthvarni (Lord Swaminarayan's teenage name) renounced the material world, His family relations and home and embarked on a forest

expedition to show the importance of tyaag. Despite His love of a life of tyaag, Lord Swaminarayan relinquished this for the benefit of His disciples. Lord Swaminarayan explained to the needy mortals that for any worthwhile deed to succeed, whether it be worldly or spiritual, bhakti (devotion) is essential. He also dispelled numerous false beliefs and superstitions (e.g. the killing of new-born female babies by drowning in milk, the burning of a widow on her deceased husband's funeral pyre) from society, which otherwise hindered the path to aatyantik moksha (ultimate salvation). Using education as a basis for improving one's life, Lord Swaminarayan encouraged His devotees (both male and female) to be hardworking, compassionate and free of all vices.

The swami also mentioned to remember 4 things: BHASHA (Language) BHUSA (Attire) Bhojan (Vegetarian food) BHAJAN (Bhakti). Our thanks to the swamiji, forgiving his valuable time to give us this insight on the Swaminarayan Religion.

A big thank you to Zoom team, for keeping our Thursdays going as usual.

SAD NEWS:

It is with a heavy heart and deep sadness that we inform the passing away of our member – TARAMATI J SHETH - Age 85. She was the wife of our member - JAYANTILAL DHIRAJLAL SHETH - on 4th January. We pray to god that her soul rests in eternal

peace and give strength to her family in their sad loss. 