



The Queen's Award

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 5 Vol-5 (May 2019)



www.nvk.org.uk

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: www.nvk.org.uk/galleries/all

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Kishor Doshi

Webmaster

Chiman Sheth

Entertainment

Jasuben Sheth

Committee

Pragna Mandalia
Ella Shah
Dr Mahendra
Vora
Purnima Mehta
Hasmukh Parekh
Ashok Mehta

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then **Sponsor** a lunch for **£301.00**. 10 guests allowed. Special lunch for **£601.00**

JAI JINENDRA & JAI SHREE KRISHNA

Dear Vadil Members

Welcome to May Newsletter. Hope everyone enjoyed the beautiful weather during the Easter holidays.

DONATIONS:

4/04: ***Chaas** for **APRIL** was sponsored by **Sejul- Preeti Shah**, whose late mother **Shardaben Shantilal Shah** was Kendra's member. Many thanks from Kendra.

11/04: ***Lunch** was sponsored by **Pritiben Vaid** who is the daughter of our member **Navinchandra Vaid**. She had joined in the **Torquay** trip and wrote to us for our hospitality and also had enjoyed it so much that it was one of the holidays she will never forget. This was her way of thanking the Kendra for her memorable holiday. Our Heartiest thanks to her, and wish she will join us again on our next holiday.

***£25** from **Suryakantbhai L. Mehta** who celebrated his **86th birthday** on 10/04. Kendra's heartiest congratulations and best wishes.

PROGRAMMES IN April 2019:

4/04: After lunch we had a programme on **Mother's Day**. Members sang songs or recited poems in praise of mothers. Some spoke on the love and sacrifices of mothers to their children. Many members had remained for the programme and all thoroughly enjoyed it.

11/04: We had a programme on how to write a **Humorous Adverts** and **Jasuben** started the programme by advertising '**Mast Bahar**' **mouth freshener**. Then the members came and started to advertise on products like Navratri dresses, oil for massage etc.etc. One spoke on the Gujarati natak names and how each was humorously advertised in a sentence. Others spoke on various radio/TV adverts. **Vinodbhai Kapashi** gave information of how adverts affected sales of products. Many members had stayed behind for the programme and **Jayantbhai Doshi** thanked **Jasuben** for organising such programmes that were highly praised by members.

16/04: **Dr. Vinodbhai Kapashi** gave a talk on health benefits of "**Ayambil**" and message of Lord Mahavir.

Vinodbhai gave a very detailed talk on '**Ayambil**' which is held twice a year and its many benefits and how the food is eaten during the nine days. You can eat once a day (lunch time only) and the food is prepared fresh in the morning, only using lentils, roasted salt, and black pepper and water. Also meditation is practised everyday by the **Tapatsvis**.

He also talked on the main religions **Hinduism, Jainism and Buddhism** and what were the fundamental difference between them and how these were all established a long time ago. It was a very interesting talk and members enjoyed listening to him. Our thanks to Vinodbhai for giving such insights to the Jain Religion.

25/04: The first part of our **AGM** was held after lunch on 25th April. The meeting started with a prayer and then, 1 minute's silence was held in respect of all our members who have passed away during the past year.

Reports were given by our President, Secretary and Treasurer. Treasurer's report was approved after some questions were answered by him satisfactorily. Secretary announced that in total 18 nominations were received and election will resume next week to elect 15 committee members.

Photos from Our Gallery

4/04: Celebration of Mother's Day



Jasuben opening the Mother's day talk



Purnimaben talking about her



Shirishbhai talking about his

11/04: Humorous Adverts



Jasuben advertising for Mast Bahar mouth freshener



Manjulaben advertising special Chania Choli from Kutch



Jaysukhbhai's advert for hair oil

Annual General Meeting & Election

First part of the AGM was completed on **25th April**. The second part will take place on **2nd May** when members will get a chance to elect a new committee. The financial report showed that in spite of paying huge amount in rent, and food, we still have a healthy balance. This is thanks to you all members who have been generous with donations and sponsorships.

For any organisation to progress and improve, it is essential that new blood and new ideas are added every year – or in our case every two years when we hold election for the committee. **This is your opportunity to decide who will lead NVK and continue its progress.**

- **We need new ideas and new faces to carry them out.**
- **Members are always welcome to come and put their views and ideas to any of the committee members any time of the year.**

Diwali Dhamaka

Diwali Dhamaka at VIP has become our annual fixture where members, and volunteers, have an opportunity to enjoy. **This year we will have the Dhamaka very close to Diwali.**