



# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015  
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 23 Vol-05 (MAY 2021)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: [www.nvk.org.uk/galleries/all](http://www.nvk.org.uk/galleries/all)

## Honorary

### Patrons

Manick Choraria  
Pranlal V Parekh

### President

Vinod Parekh  
020 8907 1331

### Vice President

Vinod Kapashi

### Secretary

Jayant U Doshi  
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

### Joint Secretary

Purnima Mehta

### Treasurer

Punam Patwa  
020 8958 2714

### Jt Treasurer

Kishor Doshi

### P.R.O.

Praful G. Shah  
[pgshah42@yahoo.co.uk](mailto:pgshah42@yahoo.co.uk)

### Webmaster

Chiman Sheth

### Entertainment

Vinod Kapashi

### Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

### Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then *Sponsor* a lunch for **£350.00**.  
5 guests allowed.  
Special lunch for **£750.00**

Guest Fee **£7.00**



**JAI JINENDRA & JAI SHREE KRISHNA**



## Dear Vadil Members

Welcome to May Newsletter. I hope that all of you are well and safe. Most of you have had both of your vaccination by now. It has been an extremely difficult year for all of us, and we are anxiously waiting for the next step from the Government Guide Lines. \*From 17<sup>th</sup> May we can, meet up in groups bigger than 6 outdoors, up to 30 people. \*Have a meal or drink indoors in a pub, bar or restaurant. \*Meet indoors up to 6 people or 2 households. \*Stay overnight somewhere in the UK, including a hotel.

\*You still can't, meet others in groups larger than 30 outdoor. Meet more than 6 people or 2 householders indoors.

### Donations:

\*£25 from anonymous donor whose family celebrated a Birthday.

\*£25 from Sarojben Savadia to celebrate her husband Maheshbhais Birthday on 16<sup>th</sup> April.

Kendra's best wishes to both of them and thanks for the donation.

### PROGRAMMES IN APRIL:

01/04: Morning Yoga was conducted by Manishaben, 97 devices were registered. In the afternoon we celebrated Holi.



The Hindu festival of Holi started in India but is now celebrated around the world. It is known as the festival of love, colours and spring and involves people throwing coloured powder and water at each other. The two-day festival also celebrates the Hindu god Krishna and the legend of Holika and Prahlad. There were 9 participants, some told the significant of Holi, and some sang Holi

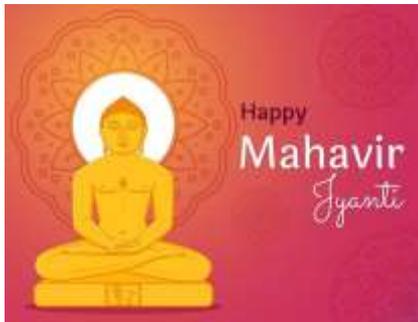
songs. Well done to all the participants for taking part for the Holi celebration. 102 devices were registered.

08/04: Morning yoga was conducted by Manishaben, 97 devices were registered. Afternoon programme, we had 2 speakers from Gujarati Sahaitya Group, Harishbhai Gadhvai and Hamirbhai Gadhvai. They both gave an insight on the Gujarati Sahaitya and Lokgeet, kavita, and recited many rachnas from the famous Poets and writers. It was a very interesting and knowledgeable programme. Members enjoyed the programme very much. 113 devices were registered.

15/04: Morning yoga was conducted by Manishaben, 97 devices were registered. Afternoon we had Gujarati Bal-Geet programme. About 13 members took part in singing the bal-geeto, which they remembered singing when they were young and also singing to their children and grandchildren. Everyone enjoyed the programme and to many it brought the old memories back. 100 devices were registered.

22/04: Manishaben conducted the Yoga. 93 devices were registered. Afternoon Programme of Devotional Songs was sponsored by Pratimaben Mandalia in memory of her late husband Shri Harshvadan Mandalia's first Punya Tithi. Well known singer Meenaben Trivedy sang devotional songs. Vinodbhai Kapashi gave Shradanjali to Late Shri Harshvadanbhai and talked about his charitable work in Kenya and here as an Optician. Meenaben started with prayer and sang beautiful Bhajans, which were enjoyed by all. Kendra's thanks to Pratimaben Mandalia and her family for sponsoring this programme. 125 devices were registered.

29/04: Morning yoga was conducted by Manishaben. 102 devices were registered. In the afternoon we celebrated Mahavir Jayanti.



### Mahavir Jhule Palna

### 14 dreams of Trishlamata

Lord Mahavir, the founder of the Jain faith, was born on the Trayodashi Tithi (Thirteenth day) of Chaitra, Shukla Paksha (waxing phase of the Moon) in 599 BCE. He was the 24th and the last Jain *Tirthankara* of the present *Avasarpini*. The birth anniversary of the Jain Guru, who was named Vardhamana during birth, is celebrated in March or April as per the Gregorian calendar. This year, Mahavir Jayanti was on 25<sup>th</sup> April.

Dr. Kapashi gave a small talk on, why Mahavir Janma Kalyanak Day is a very auspicious day for the Jains residing all over the world. It is celebrated in Temples by doing Prayers, Religious Rituals. Also a small deity of Mahavir swami is placed on a nicely decorated Cradle, and gently rocked by everyone. Thanks to Dr. Kapashi for this organising this event.

15 Members took part in singing Mahavir swamis, Stavansand and lullabies. It was a very well organised afternoon, with the participants dressed in their finery and decorating their rooms. Kendra's thanks to all the participants.

Also a big thank you to Dr. Kapashi for organising this events for the past year, and his team members: Purnimaben Mehta, Harenbhai Meswani, Kusumben Punater and Sudhaben Kapashi for her continuous support. 84 devices were registered.