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RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015 Registered Charity No. 1121930

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Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

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🙏 JAI JINENDRA & JAI SHREE KRISHNA 🙏



Dear Vadil Members.

Welcome to February Newsletter. Hope all the members are keeping well. We have noticed that many members are attending our gatherings, as it's getting a bit warmer. We also welcome the new members who joined this year.

Donations:

*400pktsx5 Face Masks from Urmilaben Sanghrajka, many thanks to

*£51 from Manoj Mehta son of our late member Hansaben Mehta, who had passed away in Nov 2022. The donation was in memory of her mother. Many thanks from NVK and we pray for her soul. *£25 from Bhagwandas Bakhai on the occasion of his wife – Naina

Bakhai's 85th birthday on 1st Jan. NVK's many thanks, congratulations and Best Wishes and pray that she will enjoy many more birthdays to come.

*£31 from Jyotiben Vibhakar in memory of her late husband Harikantbhai Vibhakar. Many thanks from NVK.

PROGRAMMES IN JANUARY 2023:

05/01: Morning yoga was conducted by Jayeshbhai & Manishaben. In the afternoon we had a quiz programme, Dr. Vinodbhai Kapashi welcoming all and joining in the programme. As the dancers we had invited were unable to come Dr Kapashi started with a very knowledgeable quiz of sharing "Thepla" between persons etc. Then Sudhaben Kapashi gave a wonderful dance with music and all members joining in and clapping rhythmically. It was wonderful to see everyone joining in and enjoying.

12/01: Morning yoga was conducted by Dhirubhai Galani with Kishorbhai Lakhani & Manishaben, in the afternoon Antakshri was played in 3 Teams and every song was sung by appointing 3 members of the Team to go and pick up the piece of paper with the tune and sing the same. 3 Judges were appointed to give marks – Purnimaben Mehta, Ranjanben Sheth and Chandrakantbhai Shah. Many members also joined to continue in singing the songs and everyone enjoyed this new format)

19/01: Morning Chair yoga was conducted by Ushaben Mehta with Shantaben Pindoria & Manishaben. In the afternoon we had Bingo conducted by Dr Mahendra Vora and many members remained to take part. Everyone enjoyed all the games.

26/01: Morning Chair yoga was conducted by Ushaben & Manishaben. In the afternoon we celebrated, India's Republic Day. The programme started with Mahesh Savadia welcoming all who had stayed for the Programme and also sang a Patriotic song. Naliniben Mehta gave a

brief introduction as to why we celebrate this day. Followed by 'Vande Mataram' and

Kusum Punater Mahesh Savadia Committee Ella Shah Hasmukh Parekh

Jayant Doshi Harendra Meswani Hasu Mandalia

Co-Opted Member: Karsan Bhudia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then Sponsor a lunch for £501.5 guests allowed. Special lunch for £1001. 5 guests. Guest Fee £10.00 India's National Anthem in which everyone joined. She then called on the stage Mahatma Gandhi Bapu (Bakulesh Kothari), Jawaharlal Nehru (Pramodbhai Mehta), Sardar Vallabhbhai Patel (Shirish Kothari), and Narendra Modi (Ramesh Shah) 2 Bharat Mata - Saroj Savadia and Meena Vora. All were dressed immaculately like the original persons and also talked a few lines on how these patriots of yesteryears spoke and what they achieved for Bharat Mata. In between our recently joined new member Malaben Mithani sang a beautiful patriotic song in her melodious voice. Then Jasuben Sheth gave a brief history of Ambedkar and Constitution of India, about the 28 states of India and called on stage the following representing four states: PUNJAB - Prafullaben Kothari: TAMIL NADU - Lataben C Shah: BENGAL - Purnimaben Meswani: GUJARAT - Naliniben Mehta. They all paraded in the national dress of their state. After that Naynaben J Shah gave a dance on a patriotic song. Then members from the audience were asked to join the Parade led by our president Vinod Parekh around the Hall with music raising the Indian flags. It was a very colourful event, jointly presented by Maheshbhai Savadia and Naliniben Mehta. Many thanks to both of them and to all the participants and helpers for presenting this programme which was very colourful and enjoyed by everyone.

Photos of our India's Republic Day celebrations



President welcoming Members dressed in India's Prime Minister, & Patriots of past.



Naynaben Shah dancing and



Naliniben Mehta & Mahesh Savadia Singing National Anthem



Malaben Mithani singing a patriotic song





Parade led by our President Vinodbhai Parekh with the members