



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

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Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a lunch for £501. 5 guests allowed. Special lunch for £1001. 5 guests. Guest Fee £10.00

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Disclaimer: *Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings*

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JAI JINENDRA & JAI SHREE KRISHNA



Dear Vadil Members,

Welcome to June Newsletter. Hope all the members are keeping well. Summer is here now and the temperatures are rising, so make the most of it.

Donations:

“Chass”: For the month of May was sponsored in the memory of late Shardaben J. Shah, who was our member, by her son & daughter-in-law Seju & Pritiben.

04/05: *Badam Pista Barfi” from Urmilaben H Sanghrajka to celebrate special achievement by her grandson Shreyesh – the eldest son of her son Mehool. He completed the Isle of Wight challenge around the whole island of 106 km in 24 hours, walking day and night. He raised about £1000 for the Mental Health Charity.

*Homemade eggless Cup Cakes and a Large Cake from Krishnaben and Kirtibhai Mehta to celebrate the Coronation of HM The King Charles III.

*£151 from Ramaben Jayantilal Doshi on the occasion of the birthday of Jayantbhai on 6th May.

*£101 in loving memory of late Punambhai Patwa from Jyotiben Patwa family, on the 1st Tithi on May 3rd. NVK' thanks and we pray for his soul to rest in peace.

11/05: *A large box of Cream Biscuits from Krishnaben and Kirtibhai Mehta.

*£25 from Ramanlal R Mehta on the occasion of his wife - Kantaben's birthday.

*£31 from Chandrikaben and Lalitbhai B Mehta on the occasion of their 43rd Wedding Anniversary on 11/05.

18/05: *£21 from Dineshbhai T Shah who has qualified the Advanced Yoga Teachers Training Programme. NVK's congratulations on his achievement.

*£101 from Shardaben S Modi in memory of the 20th 'Tithi' of her late husband Surendrabhai Modi which was on 16/05 & also the 23rd 'Tithi' of Surendrabhai's brother late Rameshbhai Modi, which was on 16/05.

*A Thick Note Books to all members from Sunilbhai M Shah

25/05: *Large quantity of Packets of Biscuits by an anonymous member.

*Some packets of Biscuits from Madhuben Gulab Shah.

*Many packets of Biscuits from Seju and Pritiben Shah, son and daughter in law of our late member Shardaben Shah.

Kendra's heartiest thanks to the all the above Donors for their generosity and sharing their special occasions with us and our best wishes to them.

PROGRAMMES IN MAY 2023:

04/05: Morning yoga was conducted by Dineshbhai & Manishaben. After lunch we had a **Celebration** to mark the Coronation of HM The King Charles III.

The programme started by Dr Vinodbhai Kapashi giving details of the past history of accession to the throne and the rise of Prince Charles from his younger days with the aid of a slide show. He also showed a photo of himself with the King. Congratulations from NVK for this rare achievement. A parade was then made through the Hall by the 'King' – dressed by Ramesh Shah and 'Queen' by Jyotiben Vyas with President and others.

At the entrance to the Hall there was a beautiful display on the Table by Meenaben and Rameshbhai Shah depicting the Coronation with a crown and lit with lights all around. NVK's many thanks to the couple, who have never failed to do such eye catching decorations at all our major functions. Their decoration was highly praised by all members. Also a Flower vase with lovely flowers near the Display was brought by Manjuben Pindoria. Many thanks from NVK.

11/05: Morning yoga was conducted by Usha Mehta & Manishaben. In the afternoon we had a programme on members, experiences on foreign holidays. Dr. Vinodbhai Kapashi gave a talk on experiences on holiday travels overseas. Then many members came forward to talk on their personal experiences bad or good on their holidays abroad. They stated what had happened there or how interesting the Adventure was.

Dr Vinodbhai Kapashi also gave his experience of travels in India.

Many members stayed behind for this interesting programme. It was amazing to hear their personal experiences.

18/05: Morning yoga was conducted by Dineshbhai, Vijaybhai Shah & Manishaben. In the afternoon we had a programme of Stavans and Bhajans. The programme began on time and many members came up to the Stage to sing Bhajans or Stavans when their names were called. Some members also joined in singing. Everyone enjoyed the programme.

25/05: Morning yoga was conducted by Dhirubhai Galani & Manishaben. In the afternoon we had a programme of "NVK has got Talents". Dr Kapashi gave introduction of the 1st item which was the story of "Bharathari Pingala" the story of the King & Queen in short was dramatized on the stage as a short play by the following:

Bharathari: Raja Naliniben Mehta

Rani Pingala: Sudhaben Kapashi

Two friends of the Queen: Sangita Mandalia and Kusumben Punater

Two Royal Guards: Mr Mehta and Dilipbhai

2nd: Dance with music on Guitar by Nimaben and Surubhai Kakad.

3rd: Lively musical songs with Mandolin by Dr Sureshbhai Parekh.

4th: Nanubhai Mehta sang two famous filmy songs.

5th: Jokes by Kishorebhai Lakhani.

6th: Filmy Songs by Mahesh Savadia.

NVK is really very proud to have talented members, all the items performed on the stage were excellent and entertaining. The audience enjoyed them very much, and our thanks to Dr. Kapashi to organise this brilliant programme and all the participants for their brilliant performances. Well done and looking forward to have this kind of programmes soon.

We have received many messages of appreciations and congratulations for this programme. Thanks to all of them for the lovely messages, which will encourage more members to participate next time.

PICNIC 23/05:

NVK's first picnic for this year was a day trip to **BRIGHTON & CRAWLEY** went very well.

There were 2 coaches, which were both full. We reached our destination around 1pm and were greeted by our host Chandrakantbhai Mehta and his group.

After the greetings, we were served with lunch by our host Chandrakantbhai's group, which was very delicious. The weather was sunny and members enjoyed walking on the beach after lunch. Our President Vinod Parekh thanked Chandrakantbhai Mehta and members of his Group and gave a token of appreciation. Chandrakantbhai also gave a short speech and thanked us for the token stating that their Group members were indeed very happy to meet us.

Around 3.30 we left Brighton to go to Crawley to the Apple Tree Mandir, where we all gathered and sang Bhajans and Stavans in the serene atmosphere. Then all joined in the 'Aarti' and after that, we had a very warm welcome and introductions from Prakashbhai Mehta and Jain members of the Gujarati Cultural Society. Prakashbhai gave a short speech welcoming us and our VP Dr Vinodbhai Kapashi replied. A token of appreciation was handed over to Prakashbhai. Then we were served with tea & snacks. After that we left to come back to London and arrived at 8pm. everyone had a lovely time and looking forward to go on another day outing. Thanks to all the volunteers for their hard work.

The following items for the Picnic were donated by:

*** Water Bottles and Packets of Biscuits from Seju and Pritiben Shah - son and daughter in law to our late member - Shardaben Shah.**

*** Dorito maize crisps from Dr Anilbhai and Jyotiben Gandhi**

*** Packet of peanuts jointly by Seju & Pritiben Shah and NVK**

Many thanks to all above donors from NVK

SAD NEWS:

We convey our deepest condolences to the family of late Vasumati Shah on the sad demise of late Vasumatiben Rameshchandra Shah, age 76 on 7/05/23. She had joined NVK only this year. We pray to GOD that her soul rests in peace, and give strength to her family to grieve in this difficult times.



Om Shanti

We convey our deepest condolences to the family of Sunitaben Mehta on the sad demise of her late husband Mansukhlal Jadvji Mehta, age 91 on 16/05/23. He had joined NVK since the beginning. We pray to GOD that his soul rest in peace, and give strength to her family to grieve in this difficult times.



Om Shanti