



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

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JAI JINENDRA & JAI SHREE KRISHNA



Dear Vadil Members,

Welcome to October Newsletter. Hope all the members are keeping well. Autumn is here now and the weather will be cooler now. Many Hindu festivals are coming up, so enjoy the festivals.

Donations:

“Chas”: for the month of September were sponsored by: Manjuben M Patwa & Prabhudasbhai & Rasilaben Shah.

07/09: *£11 from Kantaben Ramanlal Mehta for the Janmashtmi celebrations.

21/09: *£51 from an anonymous donor as 'Khusi Bhet'.

*£11 from a Guest - Naresh Doshi on the occasion of his birthday

28/09: *£500 from Chandrakant Mehta on the occasion of his wife Indiraben's birthday on 29/09.

*£25 from Rinal Patel, who is the Carer for Naliniben Avlani on the occasion of her son Dax's 17th birthday, who lives in India.

* Biscuits from Madhuben Gulab Shah.

* Biscuits from an anonymous Donor.

Kendra's heartiest thanks to the all the above Donors for their generosity and sharing their special occasions with us and our best wishes to them.

PROGRAMMES IN SEPTEMBER 2023:

07/09: Morning Chair yoga was conducted by Manishaben. After lunch we closed Yoga session at 12.15 pm and started the Shri Krishna Janmastami programme. Dr. Kapashi gave an insight and importance of this festival in detail.

The Krishna Janmastami is an important festival to Hindus and is a most awaited and auspicious occasion. It is always celebrated with great devotion and reverence as it marks the birth of Lord Krishna, who is revered as a symbol of divinity, love and righteousness.

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Co-Opted Member :
Karsan Bhudia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a lunch for £501. 5 guests allowed. Special lunch for £1001. 5 guests. Guest Fee £10.00

Members and specially Ladies had come wearing wonderful and colourful costumes - some with Lord Krishna's favourite colour - Yellow. The Hall was decorated with ornaments that were used by Lord Krishna, such as flute, crown, and curd pot. The procession started from the main entrance with idol of baby Lord Krishna and proceeded through the length of the Hall with pomp and ceremony, everyone dancing and chanting: 'Jai Kanhaya Lal ki'. Afterwards the 'parnu with baby idol of Lord Krishna was ceremoniously kept on the decorated Table, members joined in singing songs of Lord Krishna. Then there was 'Aarti' ceremony followed by 'Matki Fod' - it symbolised the mischievous nature as he used to steal butter from earthen pots hung high above the ground. At 1.10 pm there was a break for lunch.

After lunch the programme continued with an eye catching 'Garbo' on the stage by our lady members. Then members joined in 'Dandia Raas' and then continued with Garbas. A very wonderful thoroughly enjoyed programme by all. President - Vinod Parekh thanked Dr Vinodbhai Kapashi for arranging such a colourful programme. He then praised the 'Garbo' by our lady members and thanked all the participants, volunteers, all those who had brought 'Prasad' from home.

14/09: Morning yoga was conducted by Manishaben. There was no afternoon programme as it was the third day of Jain 'Paryushan Parva' and we wish all Jain members "Sataama Chhone". Our greeting to all.

21/09: Morning yoga was conducted by Dineshbhai & Manishaben. Afternoon programme started at 2.00 pm with Dr. Vinodbhai Kapashi giving an insight to our festivals. He talked about our Hindu and Jain religious festivals. He mentioned the importance of the holy month of 'Shravan' and some festivals.

Then he explained about the Jain festival of 'Paryushan' and the importance of 'tapascharya' (fasting etc.) He also explained about forgiveness and its benefits in our life. All present heard his talk with interest and pin drop silence. There were some questions and answers were given. Yet again a thoroughly enjoyable programme.

28/09: Morning yoga was conducted by Bakulbhai Kothari & Manishaben. In the afternoon, Dr Vinodbhai Kapashi had invited members to sing songs, Bhajans etc. In every round they were given a word or theme to sing on.

Many members took part and sang songs or Bhajans on the word of theme given by Dr. Vinodbhai Kapashi. Everyone enjoyed the programme.

SAD NEWS:

We convey our deepest condolences to the Mandalia family on the sad demise of our member late Surendrabhai Manilal Mandalia Age 83 on 03/09/23. He was the husband to our member Hansaben and brother to our members Yaswantraai & Hasubhai and Brother in Law to Dr. Pragnaben, Sangitaben & Priyaben. Brother to Prafulaben Mehta, Jyotiben Gandhi & Kokilaben Solanki. Brother in law to Pradipbhai Patel, Bhikalal Solanki and Anilbhai Gandhi. On behalf of NVK members, we offer our sincere condolences to the entire Mandalia family and pray to Lord Krishna to rest the deceased's soul in eternal peace and give strength to his family to grieve in this difficult times. He had been our member since 2008 and was a very friendly, always cheerful and soft spoken person. A very helpful person at the Kitchen and always ready to volunteer in all NVK's activities & programmes. He will be sadly missed by all.



Om Shanti Shanti Shanti