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Navjivan Vadil Kendra

(Monthly Newsletter)

Registered Charity No. 1121930

Newsletter: Issue 7. Vol-4 (April, 2013)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, MIDDX HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishap/s that may occur during any of its activities/events/outing.

Honorary Patron:

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Pranlal V Parekh

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Treasurer:

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Webmaster :

Chiman Sheth

Entertainment :

Jasuben Sheth

Committee:

Indrakant Bakhai

Dr Vinod Kapashi

Pragna Mandalia

Hasmukh Parekh

Jaykumar Shah

Ella Shah

Sponsors for March

Chas : Sponsored by Kumudben & Bhupendra Gandhi for the month of March.

Biscuits : On 14th March homemade biscuits given by Sarojben Pramod Shah.

Lunch :

- Lunch on 7th March sponsored by Tajvanti Shah on the occasion of Mothers Day. Our thanks to her.
- Lunch on 14th March sponsored by Kundanben (Kanchan) Jayantilal Malde on her completing 70 years and on 4th tithi of Jayantilal.

Donations :

- **£51.00** – from Sudhaben & Vinodbhai Kapashi. Our congratulations and best wishes. (reason of donation not given)
- **£51.00** - from Sarojben & Pramodbhai Shah on their 50th wedding anniversary. Our best wishes on this occasion. It also was 26th anniversary of Promadbhai's mother Amratben B Shah.
- Rama Doshi brought home made cereal chevdo for members.
- Ushaben Lakhani brought chocolate barfi for members.
- **£101.00** – from Pranlal V Parekh on retiring as Presidnet of NVK and being made a patron.

Vinaykant Manilal Mandalia.

He never came to any NVK program, and perhaps never came to London during the lifetime of NVK. But he heard of our activities from his brothers and sisters, who are members of NVK, and decided that he wanted to give something to NVK. Last year, when we were looking to upgrade our PA system, he offered to donate it. The present system, which is much better and very suitable for our needs, was donated by Vinaykant Manilal Mandalia of Mumbai.

He passed away on 27th March 2013. NVK members hereby express our condolences to the Mandalia family. Om Shanti Shanti Shanti.

Lunch

Celebrating a special birthday, or wedding anniversary! Or in memory of some one dear! Then **Sponsor** a lunch for **£251.00**.

Programs March

- On 7th March Mother's Day was celebrated with some talks and songs.
- On 14th March there was discussion or talks on "Has NVK made a difference in your lives?". Many members took part.
- On 16th March we had a showing of a Gujarati play in Wembley. It was an almost sell out show and hopefully more such plays will be organised.
- On 20th March and 28th March we had NVK Annual General Meeting.

Guest Members:

£5.00 is payable by guests.

Gujarati Play

After the success of the Gujarati play in March we are planning another play in May by the same author and director. This time we will be doing the play on a Sunday afternoon so parking will not be an issue. We hope members will support us same as the last time. Details will be announced soon.

Annual General Meeting 2013.

The annual General Meeting of Navjivan Vadil Kendra was held on Wednesday 20th March at 2.00 p.m. at the Sattavis Pattidar Centre. About 170 members were present. The meeting was started by the President with prayers followed by one minute silence for those departed during the previous year.

The President in his address talked about the progress of NVK, the great contribution made by all the volunteers, the long list of people wanting to join, and the success of all our programs and activities. He thanks Sattavis Patidar Centre and appealed to them to keep the rental at a reasonable level. The President announced that he was retiring partly because of his age and partly because his wife was not keeping well and because his own health has been affected by all this. (At the time of writing this, Kaka is in hospital.)

The secretary gave a list of the trips organised during the last year, congratulated all the volunteers for doing excellent work. He mentioned that our membership was now 394 with a waiting list of 320. He thanked Sattavis Patidar Centre and its staff for their cooperation. He thanked Meera catering for their food and the service they were giving. Volunteers were doing wonderful work of serving food, making tea and organising everything and he thanked them all for the wonderful service they were giving. Without them NVK would not be able to do all the wonderful work we are doing.

The treasurer presented the accounts. A slide show presentation was done on the screen. In spite of increasing costs, and in spite of a budgeted loss, we ended the year with a surplus, though less than in the previous year. Also NVK ended the year with a very healthy balance. He did however say that with the increasing costs we will have to spend more from our reserves.

A vote of thanks was passed for the outgoing committee which retired this year. Manhar Mehta was appointed as independent chairman. Nominations for electing 15 committee members were invited. 19 names came but before the voting two withdrew. Voting took place. Counting the votes took time and by that time most members had left so the meeting was adjourned to Thursday 4th April. Names of those elected were announced.

In any other business the issue of prayers was raised and the committee promised to look into the subject. A committee meeting called soon after and the office bearers elected as per the list on this newsletter.

PRAYERS :

As someone correctly said prayers to God is a personal thing. Everyone pray, worship or express their faith in their own way. Since the start of NVK activities we have had prayers before lunch and any announcements. With a large membership of Jains and Vaishnavs it is obvious that the prayers should include both faiths. But what happens in reality !! After sitting for yoga for almost 1 ½ to 2 hours some rush to the toilets, others get busy wrapping up their mats, some start chatting with friends, and the lengthy prayers get disrupted.

Manisha, our yoga tutor, ends her session with a universal prayer with wonderful meaning. At that point everyone is either on their yoga mats or on chairs, and most listen or take part in that prayer with full undivided attention.

After lengthy discussion the committee decided that it would be appropriate to try this for a month. It is decided that the prayers will be done by Manishaben at the end of yoga session. Besides her normal prayers she will be asked to recite Navkar Mantra and Gayatri Mantra. Announcements will follow the prayers.

WE HOPE AND EXPECT THAT AT LEAST EVERYONE WILL BE SEATED.