

Honorary Patrons

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Entertainment

Vinod Kapashi

Committee

Ella Shah Dr Mahendra

Vora Purnima Mehta

Hasmukh Parekh Kusum Punater

Harendra

Meswani Hasu Mandalia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then **Sponsor** a lunch for £301.00. 10 guests allowed. Special lunch for £601.00

Navjivan Vadil Kendra



RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

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Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may

occur during any of its activities/events/outings

For Photos click on: www.nvk.org.uk/galleries/all

JAI JINENDRA & JAI SHREE KRISHNA

THOUGHT FOR THE MONTH:

Three things in life are important.

The first to be kind. The second to be kind. And third to be kind. Kindness is a language which the deaf can hear and the blind can see.

Dear Vadil Members

Welcome to August Newsletter. Hope everyone enjoyed the beautiful hot weather we had in last week of July.

DONATIONS:

04/07:*Chaas for July was sponsored by Navinbhai Vaid. Many thanks to

*£100 from Girdharlal Balachand Sheth, who celebrated his 90th birthday on 29/6. Everyone joined in singing the "Happy Birthday" song and wishing him to enjoy many more birthdays to come.

09/7: £101 from Hansaben & Kishor M. Mehta as Khushi Bhet. Many thanks to them and wish them well.

Packets of Biscuits donated by Ranjanben Sheth for all those who are joining the Mystery Tour on 29/07.

18/07: *£266.80 from our member Dr Ramesh Shah. He took part in a research project at **St Pancreas Clinic in London**, where he received a cash reward of the above sum. He has kindly donated the full amount to NVK. We thank him whole heartedly and our Best Wishes to him.

25/07:*£105 from Vanlilaben Sharad Mehta, Hansaben Surendra Mandalia and Bhartiben Pankaj Shah in loving memory of their beloved mother Manglaben Parmanand Maniar. Many thanks to all of them and may the deceased's soul rest in eternal peace.

*£25 from Ranjanben Vasa who celebrated her 80th Birthday on **27/7.** Kendra's heartiest congratulations to her.

PROGRAMMES IN JULY 2019:

04/07: After lunch a DVD show of Gujarati comedy Natak by Sidharth Randeria was shown. Many members stayed to watch this hilarious play and enjoyed it. Thanks to Harenbhai for organising this.

It is customary to recognise our members 90th birthday by bestowal of a "saal" in recognition of reaching this milestone. In Kendra's history, so far we have celebrated and bestowed on 7 members. Girdharlal Sheth was called on the Stage and was honoured by bestowal of a "saal" from the Vice President Vinodbhai Kapashi and the Secretary Jayantbhai Doshi.

09/07: After lunch today we had a spiritual talk by Atmarpit Smrintiji disciple of Pujya Rakeshbhai of Shrimad Rajchandra Mission, Dharampur from India.

18/07: We had a special variety **Quiz** programme organised by **Vinodbhai Kapashi.** There were 5 groups participating and were asked to give answers to the questions asked. All who participated and the audience enjoyed this very much.

25/07: We had a visit from the **Mayor of Harrow**. Our Secretary **Jayantbhai Doshi** introduced the Mayor Nitin Parekh.





Secretary Jayanthhai Doshi welcoming the Mayor Nitin Parekh with President Vinodhhai Parekh and PRO Prafulbhai Shah.

*The Mayor then gave a short address to the members and praised the work of NVK and especially all the Executive Committee on their hard work to give the elderly some joy in their lives. He also quipped that he does Yoga, but lately he has no time to do it due to his busy schedule. He expressed that in future he may also join the elderly group. He also informed members that he is sponsoring the 'Akshay Patra' charity which feeds 2000 meals a day for homeless and needy in London. President Vinod Parekh also welcomed the Mayor and presented him a token cheque on behalf of NVK for the Mayor's charity fund.

*NVK has got Talent programme started, with an Aarti Jai Ganesha Deva before lunch. After lunch the actual programme started with the Hall almost 'Houseful'. It was indeed joyful to see so many members staying to see the talents of the members. As the programme was really wonderful and all members taking part had taken so much trouble to practice and dress appropriately for their characters.

The programme consisted of **Solo dance**, **Yoga dance**. **Garba**, **Drama**, **and a Couple dance** etc.

Jayantbhai Doshi thanked each and every participant who looked so good with their presentation. He was full of praise of the various talents shown and said that we will have to arrange a special day for such talent show in future. He thanked Sudhaben Kapashi, Jasuben Sheth and Vinodbhai Kapashi for working so hard to give such a wonderful programme.

29/07: 200 members went to Manchester on a MYSTERY TOUR (the mystery was disclosed before the tour, going to Manchester)





NVK's own Mr Modi





Solo Dance

Members enjoying the talent Show & Kitchen Volunteers