



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930



www.nvk.org.uk

Newsletter Issue 25 Vol-11(December 2022) Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

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JAI JINENDRA & JAI SHREE KRISHNA



Dear Vadil Members,

Welcome to December Newsletter. Winter is upon us now, so please wrap up warm and look after yourselves. We wish all our members Seasons Greetings.

Donations:

'Chaas' for the months of November and December was sponsored by Sejubhai and Pritiben Shah in memory of their mother Shardaben Jayantilal Shah. NVK's many thanks for their kind gesture.

*£25 from Jasuben Shah on the occasion of the birth of a baby boy to her grandson Riki & Meera on 'Dhanterash'. Kendra's thanks and congratulations to the family.

*£101 from Chimanbhai Sheth who celebrated his 80th Birthday on Tues 8/11/2022.

*£30 from Kusumben Punater who celebrated her 70th Birthday on 7/11/22.

*An anonymous Donor gave each family a cloth drawback string Back-Pack.

*Bhupatbhai Gandhi donated Packets of Biscuits for Tea-Time

£51 from Ansuyaben Bavisha as Diwali Khushi Bhet

£51 from Kokilaben Sanghrajka as Diwali Khushi Bhet

*£51 from Anil Trimbaklal Shah who celebrated his birthday recently.

*Biscuit Packets for Tea-Time by Anilbhai & Neenaben Bhuvu.

*Biscuit Packets from and Anonymous member.

Our Heartiest Congratulations to all the above Members for their kind and generous Donations.

PROGRAMMES IN November:

03/11: Morning yoga was conducted by Jayeshbhai T. Shah & Manishaben. In the afternoon we had an interactive Quiz on Hindu religious organisations like Swaminarayan, Hare Krishna, and Jalaram etc. Organised and conducted by Dr. Kapashi. There were questions and answers and full explanation on the various Religions. Many members took part and everyone enjoyed the topics thoroughly.

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Kusum Punater
Mahesh Savadia
Committee
Ella Shah
Hasmukh Parekh
Jayant Doshi
Harendra
Meswani
Hasu Mandalia
Co-Opted Member :
Karsan Bhudia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then *Sponsor* a lunch for £501. 5 guests allowed. Special lunch for £1001. 5 guests. Guest Fee £10.00

10/11: Morning yoga was conducted by Ushaben Mehta & Manishaben, in the afternoon we had Dr Ajitbhai Shah who gave a very interesting talk on Covid and related issues. He also took members questions and answered with valuable points. Many thanks to him.

17/11: Morning yoga was conducted by Dineshbhai T. Shah. & Manishaben. In the afternoon we had Dr Kumarpalbhair Desai from India. We were fortunate to have Padmashree Dr Kumarpalbhair who has written over 150 books and has received several awards. He was awarded "Ahimsa Award" in the House of Commons on 16/11, our heartiest congratulations to him. He writes regular columns for many newspapers too. You will find some of his interesting articles online if you go to Gujarat Samachar, Ahmedabad. He spoke on **Pankhar ma Vasant**. How to improve our lifestyle, well-being and emotions in the old age.

Dr Vinodbhai Kapashi introduced Dr Kumarpalbhair Desai, who gave a very interesting talk and many members stayed to hear his talk. Secretary Purnimaben Mehta thanked him for giving up his valuable time, and a token of appreciation was given.

24/11: Morning yoga was conducted by Jayeshbhai & Manishaben. In the afternoon we had Chai with Jasuben Sheth, who had arranged an interview with our two elderly members Hansaben Mistry and Hansaben Patani both over 80's who had faced many ups and downs in their lives, facing many problems and how they endured the same right from their childhood through their marriage and how they arrived in UK. The questions she asked elicited very positive response and every few minutes the members in the Hall clapped and laughed. A very enjoyable interview well-liked by all members.

Renewal of Membership for 2023:

Renewal of membership for 2023 is going on well and only very few members now remained to do so. If you have not yet renewed, please do the renewal of your membership. Deadline for the renewal is 15th December.

SAD NEWS:

We convey our deepest condolences to Hansakumari's family on the sad demise of HANSAKUMARI HIMATLAL MEHTA Age 83 on 13/11/2022. We pray to God that her soul rest in peace, and give strength to her family to grieve in this difficult times.



🙏 Om Shanti Om Shanti 🙏

We convey our deepest condolences to the Patel family on the sad demise of Rekhaben Pradip Patel age 71 on 20/11/2022. We pray to God that her soul rest in peace, and give strength to her family in this difficult times.



🙏 Om Shanti OM 🙏