

Honorary Patron:

Navjívan Vadíl Kendra

(Monthly Newsletter) Registered Charity No. 1121930 Newsletter: Issue 8. Vol-2 (February, 2014) Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, MIDDX HA9 9PE Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury ,accident or mishap/s that may occur during any of it's activities/events/outing.

7th Anníversary & New Year Party.

We celebrated our 7th Anniversary and the New Year by holding a Grand Party on Thursday 9th January 2014. Almost 320 members and guests attended this well organised and executed party. Volunteers were in the hall by 9.30 a.m. in the morning making all the arrangements. Each table was covered with table clothes in orange, white and green colours. Water bottles, orange juice, mats and bowls of nuts were put on each table. The stage was appropriately decorated. As members started coming their tickets were checked, register signed and asked to sit on chairs round tables. Music was provided by Jayu Rawal and the old and new songs were enjoyed by the crowd and requests came in from all corners of the hall. Delicious lunch was served to everyone and then music program carried on till past 3.00 p.m.

All the volunteers who put great efforts in making this program a great success deserve our heartfelt thanks. While we all were enjoying the volunteers were busy taking care of their responsibilities. Lot of planning and thinking went behind all these arrangements and the person who deserved to be congratulated is our joint secretary **Vinod Parekh**. He put in a lot of effort in making this program a great success and NVK are lucky and proud to have a dedicated volunteer like him. Under his direction and leadership all the other volunteers executed the plans immaculately and those volunteers also deserve our thanks.

The heating was not working and our members were feeling the chill for which we apologize. We also had lots of last minute requests from members whom we could not refuse admission – but because of that many members did not get a seat on the table. We are sorry for that. We hope in future members will take their tickets well in advance to make our work easier. Food was delicious and everyone enjoyed it. This has become our annual event and this year will be remembered as one of the best organised party.

Our Valued Visitors :

On 23^{rd} January we had a visit from C B Patel, Jyotsnaben and Alkaben of Gujarat Samachar. They were impressed by so many members doing yoga. After giving their introduction C B Patel said a few words praising our work and suggested that such organisations are required all over the country to cater for the ageing population.

Impressed by their visit a long report on their visit and our activities was printed in the Gujarat Samachar. The article gave a list of names as some of the founding members. The reader would get the impression that these names must have been given by someone in the committee. When I called Gujarat Samachar to ask for clarification I was informed that this was a mistake. Names given were of people they met during their visit – and by oversight they wrote "founding members" instead. This is written to clarify this point for our members.

Manick Choraria Pranlal V Parekh **President:** Baburai, T.Shah 020 8440 9968 Vice President: Mahendra P Kothary 020 8907 7188 Secretary: Jayant U Doshi 32 Adelaide Close STANMORE HA7 3EN 020 8954 1859 Joint Secretary Vinod Parekh 020 8537 5592 **P.R.O.** Praful G Shah **Treasurer:** Punam Patwa 020 8958 2714 Joint Treasurer: Himatlal Mehta 020 8427 2379 Webmaster : Chiman Sheth Entertainment :

Jasuben Sheth Committee: Indrakant Bakhai Dr Vinod Kapashi Pragna Mandalia Hasmukh Parekh Jaykumar Shah

Ella Shah Lunch

Celebrating a special birthday, or wedding anniversary! Or in memory of some one dear! Then *Sponsor* a lunch for £251.00.

Guest Members: _**£5.00**_is payable by guests.

Sponsors & Donations.

- Chas for the month of January sponsored by Bhogilal Rupani in memory of his wife Surekha Rupani.
- Image
 A large box of biscuits given by Daxaben (a non-member)
- M On 23rd January biscuits were donated by Madhuben Shah.
- On 23rd January lunch was sponsored by Anil Bhagi of Skylink Travels & Tours.
- **£101.00** received from an anonymous donor....our thanks.
- **£75.00** from Manharlal Mehta who celebrated his 75th birthday on 1st January. Our best wishes for a healthy happy future.

<u>Programs in January</u>

- M On 2nd January we had game of musical chairs after lunch.
- M On 9th January we had our annual 7th Anniversary & New Year Party with music by Jayu Rawal and an attendance of almost 320.
- On 16th January we had quiz after lunch.
- \blacksquare On 23rd January we had a visit by C B Patel and others from Gujarat Samachar.
- On 23rd January we had bhajans by Amit Kansara. This was sponsored by Anil Bhagi of Skylink Travels & Tours. We have done many trips with this company and have always had great satisfaction on those tours. We thank him for his generosity to sponsor lunch and the bhajans.
- Con 30th January we had open Forum on "Your NVK Experiences & Suggestions". Many members spoke of how NVK has changed their lives and several suggestions were made.

<u>Forthcoming Programs</u>

- On 6th February we will have solo comedy by Nimuben. Last time she did a short solo comedy and everyone enjoyed it.
- M On 13th February we celebrate "Valentines Day"
- M On 14th February we visit Houses of Parliament.
- M On 20th February we have a talk by Jay Lakhani... "Spirituality in our lives."

Forthcoming Trips.

- From 4th till 9th May we are doing Manor House with its various all inclusive activities. Activities include all types of sport (snooker, tennis, badminton, rifle shooting, green bowling, archery, curling, golf courses, ten pin bowling etc.), swimming pools and spa, all sorts of crafts such pottery, porcelain painting, transfers, enamelling, embroidery, etc etc.) In addition there are beauty treatments and massage which are of course charged. We already have over 30 participants and spaces for only a few are now left.
- From 25th June we have organised a cruise to Iceland on the 5 star majestic Queen Victoria. Already we have 16 members booked on the cruise. If anyone is interested now then names will be taken on the availability of cabins.
- We are working on a trip to Turkey later in the year. While there always are cheap offers to Turkey, our idea is to have a good sight seeing of the country and try to cover as much as possible. So the trip is likely to be 10 to 12 days long instead of the usual one week break. You will be informed in due course.

OUR WEBSITE

Our website is revamped and back to life again. But still lot needs to be done and we ask for your suggestions. Please send your suggestions to nvkendra@gmail.com.

Our Website Address is <u>www.nvk.org.uk</u>

We already have received several suggestions which will be implemented in the near future. But your ideas will be welcome.