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Navjivan Vadil Kendra

(Monthly Newsletter)

Registered Charity No. 1121930

Newsletter: Issue 7. Vol-7 (July, 2013)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, MIDDX HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishap/s that may occur during any of it's activities/events/outing.

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Jasuben Sheth

Committee:

Indrakant Bakhai

Dr Vinod Kapashi

Pragna Mandalia

Jasmukh Parekh

Jaykumar Shah

Ella Shah

Lunch

Celebrating a special birthday, or wedding anniversary! Or in memory of some one dear! Then *Sponsor* a lunch for **£251.00.**

Guest Members:

£5.00 is payable by guests.

Sponsors for June

Chas : Chas for the month has been sponsored by Rasilaben and Prabhudasbhai Shah.

Biscuits :

- 13th June – biscuits given by Krishna Mehta on the occasion of her husband Kirti Mehta's 60th birthday. Our best wishes on this birthday.
- 20th June – biscuits given by Chandrakala & Bachubhai Mehta.
- 27th June – Biscuits from an anonymous donor.

Donations :

- **£51.00** from Sangita & Hasu Mandalia on becoming grand parents of a baby boy (parents – Sapna & Neel Mandalia). We wish the newly born a very healthy happy life and may he give lots of pleasure to parents and grandparents.
- **£25.00** from Dolatray Sheth on his grandson obtaining first class in Cambridge University. Our congratulations and wish him great success in future life.
- **Three folding tables & Three five litre flasks** have been donated to NVK by Rajniben & Dhanwant Damani. These will be very useful in our picnics.

Programs for June :

- 6th June we had an unscheduled program when our guest Tarla Doshi gave a talk on Spirituality in Old Age.
- 6th June 24 members of NVK proceeded on a tour of China & Tibet. This was the fourth overseas tour organised by NVK.
- 13th June Father's Day was celebrated with a play written and directed by Vinod Kapashi.
- 20th June we had cookery demonstration by Jyotiben Shah.
- 27th June planned Whist Drive was again cancelled as lunch arrived late. Caterer informs us that the electric hob was not working and it took longer on gas hob which resulted in the delay. Instead we had Bingo.

Forthcoming Programs :

1. On 4th July a Food Bazaar is planned. Members will show their talent by bringing a dish (sweet or savoury) which will be sold at a fair price and all the proceeds will go to charity.
2. On 8th July 40 members go on our 4th trip to Potters Resort. Our members enjoy this short trip and give them a chance to relax and enjoy many games. We wish them all a wonderful trip.
3. In October there will be a Talent Show. This is your opportunity to come out with your hidden talent. If you wish to participate then please give your name to Jasuben Sheth.
4. In September we have organized a 5 night 6 day trip to Ireland. It is full with some names on waiting list. If you wish to come you can still give your names on the waiting list.
5. On 18th July there will be Cancer Awareness Program. There will be a talk on "Benefits of Physical Activity in Heart Conditions & Cancer."

China & Tibet

Twenty Four members participated in NVK organized trip to China & Tibet. Overall the trip was good. We had a cook from India who made delicious items at breakfast, lunch and dinner and had masala tea for breakfast every day. Weather was good. We had a good glimpse of China which is developing so fast. But to see and appreciate the country one needs much more time.

Six members opted out of the Tibet trip. We travelled by train to Lhasa which was an experience. We were about to miss the train because of delayed flight and would have missed the whole Tibet trip but luckily we just made it. The train, though modern, could have done with more space and facilities.

One member, who was coming to Tibet, developed some health problems and had to fly back to London after finishing China. Another member had some health problems on reaching Lhasa and had to be treated by doctors.

Overall it was a wonderful trip. It was a good group which mixed with each other.

Happy Birthday

Two members celebrate their 90th birthday during the month of June. Himatlal Shah and Premataben Parekh deserve our congratulations on reaching this milestone and best birthday wishes from all members of NVK. We wish them good health and happy future and hope they get the invitation from HRH the Queen one day. As per our tradition we will be honouring both on 4th July.

Iceland Cruise

Queen Victoria is a majestic cruise ship with a capacity of 1990 passengers. It has lots of facilities and activities on board. We are hoping to organise a trip on this wonderful cruise ship in June 2014.

Further details can be obtained from the secretary on jubhai@aol.com.