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# Navjivan Vadil Kendra

(Monthly Newsletter)

Registered Charity No. 1121930

**Newsletter:** Issue 6. Vol-11 (November, 2012)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, MIDDLESEX HA9 9PE

**Honorary Patron:**

Manick Choraria

**President:**

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**Vice President:**

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**Secretary:**

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**Treasurer:**

Baburaj T Shah  
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**Joint Treasurer:**

Himatlal Mehta  
020 8427 2379

**Webmaster :**

Madhusinh Rawji

**Trip Organiser :**

Vinod Parekh

**Entertainment :**

Jasuben Sheth

**Committee:**

Indrakant Bakhai  
Navnitlal Shah  
Pragna Mandalia  
Bhadra Sheth  
Chandulal Parekh  
Dr Vinod Kapashi  
Co-op  
Shashikant Malde  
Praful G Shah

## Sponsors for October

*Chas* : From Manjulaben Patwa for the month of October.

### *Donations :*

- **£51.00** - from Shardaben J Shah on the 24<sup>th</sup> Tithi of Jayantilal K Shah. Thank you and may the Almighty bless his soul.
- **£51.00** - from Dhanlaxmiben Mehta on her birthday. We wish her a very happy birthday and many more to come.
- **£11.00** - From a guest to our music program on 18<sup>th</sup> October.
- **£25.00** - from Shantaben Pindora on her 63<sup>rd</sup> birthday. We wish her a very happy birthday and many more to come.
- **£25.00** - from Dinumati Bilakhia on the occasion of her birthday. We wish her a very happy birthday and many more to come.
- **£101.00** - from Jayantilal & Niruben Dhruve as a goodwill gesture to NVK and its activities.

*Diwali Lunch* : This we are having only a special lunch on the occasion of Diwali. As we had a music program during Navratri and one is planned for the New Year it was considered that we should not cancel too many yoga sessions. Diwali lunch will be on 8<sup>th</sup> November. The following have donated generously as follows to sponsor the special lunch and we would like to thank all the donors :

- **£51.00** - Pragnaben & Yashwant Mandalia.
- **£101.00** - Ushanben & Chiman Sheth.
- **£51.00** - Adarsh Gujral.
- **£21.00** - Kumud & Dinker Kothari.
- **£51.00** - Champaben Shantilal Mehta.
- **£51.00** - Chandrika Shah & Tarlika Shah.
- **£51.00** - Hasu & Sangita Mandalia
- **£21.00** - Raamanbhai & Madhuben Shah
- **£51.00** - Pushpaben Patel.
- **£51.00** - Mansukhlal & Dayaben Shah

*Our thanks to all the donors.*

### Please Let Us Know :

We have started taking membership fees for 2013. **IF YOU ARE NOT PLANNING** to renew your membership then please let us know so we can offer it to others on the waiting list.

Survey : Did you complete the survey?

### Lunch

Celebrating a special birthday, or wedding anniversary! Or in memory of some one dear! Then *Sponsor* a lunch for **£225.00**.

### *Guest Members:*

**£5.00** is payable by guests.

## A Month of Activities

1. On 4<sup>th</sup> October we honoured our member Premalataben Parekh on completion of 65 fasts. Our President Pranalbhai Parekh honoured her with a shawl. After lunch there was a program on Gandhi Jayanti with some talks and songs in memory of Mahatma Gandhi.
2. On 11<sup>th</sup> October we participated in the National Sewa Day for the third time. We invited elderly, lonely and disabled members of the local community from care homes and some individuals. Yoga on the chair was conducted by Manisha. After arranging lunch for our guests the guests were entertained with a game of bingo. Each guest was given a gift. The pleasure and enjoyment our guests had was enough to bring smile on all our members. Pragnaben and all the volunteers who helped to make this a success deserve our hearty congratulations.
3. On 18<sup>th</sup> October we celebrated Navratri. We had music by Arpan and his group. All the ladies had come dressed in colourful sarees. Many members took part in garba and dandia and enjoyed the day. Almost 270 members including guests came on the day. It was such a grand success that the organisers will have to do this celebration every year.
4. On 25<sup>th</sup> October there was lively debate on the pro & con of TV serials. About ten members took part and the debate had some interesting and funny points made.
5. We met on 30<sup>th</sup> October on a Tuesday. In the absence of Manishaben, Chandrika Bheda did yoga today and gave members a taste of different style of doing yoga. She also donated her fees to NVK. Our thanks to her. After lunch we had a talk on Will Writing and Lasting Power of Attorney by Vijay Shah and Chand Patel. It was very informative and members enjoyed it.

## Mukund Mala

A dance drama called "Mukund Mala" based on the life of Lord Krishna has been produced by Bharatiya Vidya Bhawan. Normally our members are reluctant to buy tickets for shows which are in theatres. Bharatiya Vidya Bhawan is in the city and organisers assured the members that we will be ensuring that everyone know how to reach the theatre and that arrangements will be made to gather everyone at Wembley Park station so everyone can go together.

Our gamble to buy this show has been a grand success. Even though the show is on 24<sup>th</sup> November we have practically sold out the tickets. We hope everyone enjoys this show and will give the organisers the courage to do such events in the future also.

## Membership 2013

We have started taking payment and forms for 2013 membership. Fees have been set at **£80.00** for the year. Every member must fill up the application form. **IT IS VERY IMPORTANT** that members fill in disability details (even if the disability is very minor. If one has problem in walking for long, has knee pains, bladder problem, asthma, heart problem, diabetes – these are all disabilities. **Your information will be confidential – so please make sure you tick the right columns.**

## Deserving Members

NVK aims to cater for the elderly, lonely and single members of the community. While we have a long waiting list the committee felt that this time we should give priority to **very deserving members of the community**. ONLY A FEW MEMBERS WILL BE TAKEN UNDER THIS CATEGORY. But the applicant will have to provide all details and satisfy the committee why they should be considered "most deserving".

If any wish to apply under this category they must write to the committee stating their date of birth, address and contact details. They must state the grounds on which they think they deserve to be taken as members. If the person has any medical condition or physical disability then evidence to the same effect must be presented. Also the letter must clarify if the person is able to travel or will need someone to bring to the venue.

The committee will consider all the applications in January when a decision will be taken who deserves to be taken on as a member and if they come within the quota set for deserving members.