



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 25 Vol-10 (November 2022)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

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JAI JINENDRA & JAI SHREE KRISHNA



Dear Vadil Members

Welcome to November Newsletter. Hope everybody is keeping well and looking after themselves. We lost our beloved Her Majesty the Queen Elizabeth 2nd after her reign of 70 years, Prince Charles became the King, celebrated Navratri, Diwali and Hindu New year in September/October. Also we had two Prime Ministers, Liz Truss for just 44 days and now Rishi Sunak is the first Indian to become a Prime Minister in British History, at the young age of 42.

Donations:

6/10: *Lunch was sponsored by Shardaben Modi, who celebrated her 80th birthday this week. A cake was cut with her family members and members sang happy birthday song to Shardaben. Kendra's thank you to Shardaben Modi and family for the delicious lunch and cake.
*£51 from Hansaben Mandalia on the occasion of her husband Surendrabhai's Birthday.

*£20 From Geetaben & Kishorbhai Parmar on the occasion of Diwali.
*£101 from Jayshukbhai & Bhadraben Mehta on the success of their grandson Sayan, son of Raj & Shefali Mehta for achieving a Distinctions in his Master's Degree in Chemistry from Oxford.
We thank our member - Sobhnaben & Late Dr Manubhai Haria's Son for making hundreds of copies of Renewal of Membership Forms. He has been doing this for many years.

13/10: *£151 from Surbhiben Khona for celebrating two occasions in the family. Her son Sachin's wedding to Maxine last week and her other son Rahul who had joined in the London Marathon to raise funds for the Alzheimer Society. Kendra' Heartiest congratulations to the newly wedded couple and Best wishes and congratulations to Rahul for running in the Marathon to raise funds for charitable causes.

* £51 from Nirupamaben Dhruv on the occasion of her husband Jayantbhai Dhruv's birthday.

*An anonymous donor who has given biscuits for Tea Time.

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Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?
Then *Sponsor* a lunch for £501. 5 guests allowed.
Special lunch for £1001. 5 guests.
Guest Fee £10.00

20/10: *£25 from an anonymous Donor

*£51 from Shantaben Pindoria who celebrated her 73rd birthday on 20/10/22.

*£101 from Mr. Prabhudasbhai/Rasilaben & Bina Shah on the occasion of Diwali

*£101 from Mr. Amritbhai Chauhan on the occasion of Diwali

*£85 from Mrs. Hansaben Pattani, who celebrated her 85th birthday on 30/10/22

*£21 from Mrs Chandrakalaben Bachubhai Mehta on the occasion of Diwali.

Kendra's heartiest thanks to all the above Donors for their kind generosity.

PROGRAMMES IN OCTOBER:

6/10: Morning yoga was conducted by Manishaben, in the afternoon we had invited Kalpnaben Sanghrajka – a highly specialised Physiotherapist who shared her personal story of experiences with Cancer, Diabetes and High Blood Pressure and how her courage, determination and positive mind-set had helped her pull through the unknown.

Everybody found Kalpnaben's talk very interesting, informative and inspiring. Kalpnaben spoke about her determination she faced, managed and how she dealt with breast cancer, diabetes and High blood pressure with a brave and positive approach. She shared her experiences with honesty and openness. It was a very interesting and educational talk appreciated by our members. Thanks to Kalpnaben for her time.

13/10: Morning yoga was conducted by Manishaben, in the afternoon we played Antakshri organised by Dr. Vinodbhai Kapashi assisted by Mahesh Savadia, with new features and some new interesting facts. Members enjoyed singing in their groups.

20/10: We had our Grand Diwali Dhamaka Programme. Members started coming around 10am wearing beautiful saris, colourful dresses and Kurtis. Those who came early helped in the decorations and arranging the items on the tables. The programme started with the music Group of Marina and party with eight members including the lady singer - Meera. Music started on the dot at 11.00 am with the Navkar Mantra sung in musically fast beat and everyone joined in reciting the melodious tune. After the auspicious start of the programme, the Group sang many old memorable songs. The Group continued to sing several oldies and unforgettable tunes from the "Bhuli Bishri Yadeein", which were highly applauded as members also started to sing with the Group's melodious tunes. Several requests from members for their favourite songs were sung to the delight, dancing and clapping by members. The joyous mood of all the members and guests with thunderous clapping all the time, encouraged the singers.

At 12.45pm there was a break from music and the President-Vinod Parekh and Secretary - Purnimaben Mehta made their announcements.

He welcomed all present to this year's Diwali Dhamaka programme which is the largest gathering of the year with many members' guests and hoped that everyone will have a splendid time today

He thanked all the EC members and Volunteers who came early and helped in arranging the Tables, snacks, decorations, etc. In such large events, team work plays a very important role. Also had good support from the staff of Sattavis Patidar.

He also mentioned that Jayantbhai Doshi who was the original founder member and instrumental in setting up the NVK had been our Secretary for last 15 years had now retired. Currently he is recovering in Hospital with knee operation. Our Best wishes to him for speedy recovery.

At 1.00 pm the lunch was served - first to the Musical Group, then disabled and finally table numbers were called upon by Dr Mahendra Vora so the people seating on those tables come to the serving tables where Food Servers and volunteers served them.

The menu was: Garam Dhilo Mohanthal, Masala Puri, Kachori, Khamman Dhokra, Undhiyu sakh, Jeera rice, Kadhi, Fur fur, Chutney, pickles and the Sweet Paan.

At 2.00 pm, the music restarted with more songs and Music. The Gujarati Garbas were a hit and the dancing floor was packed with members performing garbas. The Group also sang a Swahili song which was favourite of all Ex - East Africans.

The dance floor remained crowded with dancing members till the end. It was a matter of pride for NVK to see many members in their seventies and eighties taking part in Garbas so joyfully and happily without any care in the world. Over all Diwali Dhamaka was a hit in spite of raining nearly all day.

Sponsors of various items for the Programme:

*Printing of Diwali Dhamaka Tickets: Anonymous donor

*Crisps & Chocolate bars by Hansaben Mistry, who celebrated her birthday on 20th October.

*Soft drinks 2 lit. Bottles by Kirtibhai & Harshaben Desai

*500 ml Water bottles - 400 by Mr. Seju and Preeti Shah
(Their late mother was a NVK member) and the family has always helped NVK in many ways in the past.

*Packets of salted nuts by our EC member Kusum D. Punater, who is celebrating her birthday soon.

*Rangoli at the entrance was displayed and arranged by Meenaxiben and Rameshchand N Shah.

*Manjuben Pindoria- a lovely flower arrangement at the entrance.

*Surbhiben Khona- some decorations on the food serving tables.

For all the photos from above programmes click:

www.nvk.org.uk/galleries/all

Membership Fees:

All the past members are requested to fill in the 2023 membership forms before December 2022. The fees are £125. P/A and please attach your membership card as well. If you are paying by cheque, please write Navjivan Vadil Kendra in full, as per Banks requirements.

SAD LOSS: We convey our deepest condolences to Madhugauri and her family on the sad loss of her beloved husband, Shashikant Bharmal Shah on 26/10/2022 aged 81. We pray to God that his soul rest in peace, and give strength to his family to grieve in this difficult times.



OM Shanti OM



R.I.P